



FUNDACION
M A R I E C U R I E
Córdoba - Argentina



**Congreso sobre Avances Integrados en Oncología, Radiocirugía y Física Médica:
Innovación y Precisión en el tratamiento del cáncer**

Cirugía conservadora - tratamientos en bajo riesgo:

Ensayo EUROPA: Radioterapia vs hormonoterapia



Philip Poortmans, MD, PhD

Iridium Network & Antwerp University, Antwerpen (B)



The future of cancer therapy

ESTRO

Former President



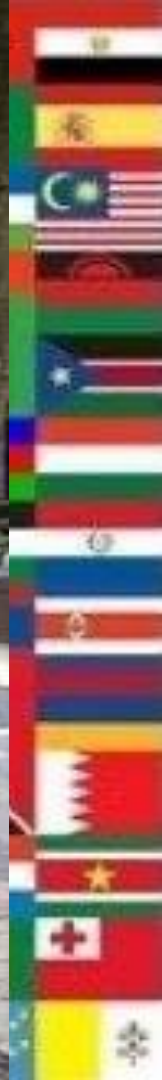
Conflict of interest

Affidea – medical advisor

MSD - consultant

And I worry about the future...

**STOP
WARS**



RT-omission in HR+/HER2- breast cancer

- Introduction
- Less radiation therapy
- EBCTCG 2011: impact of RT & ET
- Endocrine therapy: the ugly truth
- EUROPA trial – RT versus ET
- Discussion
- Conclusions

RT-omission in HR+/HER2- BC: *Introduction*

A success story:

Evolution of sites of recurrence after EBC over the last 20 years

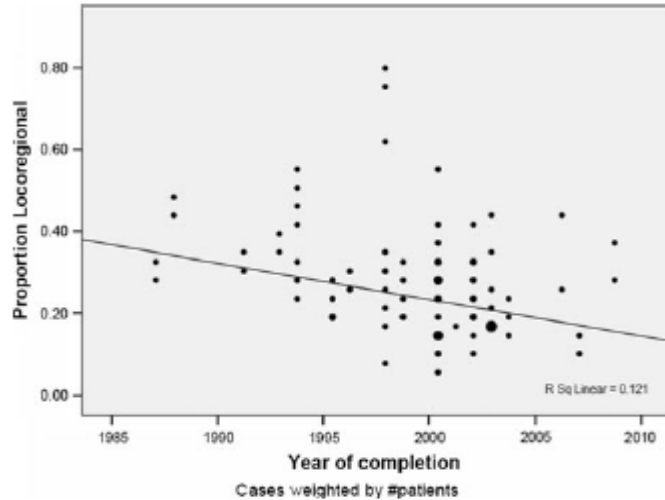


Fig. 1 Proportion of locoregional recurrences over time

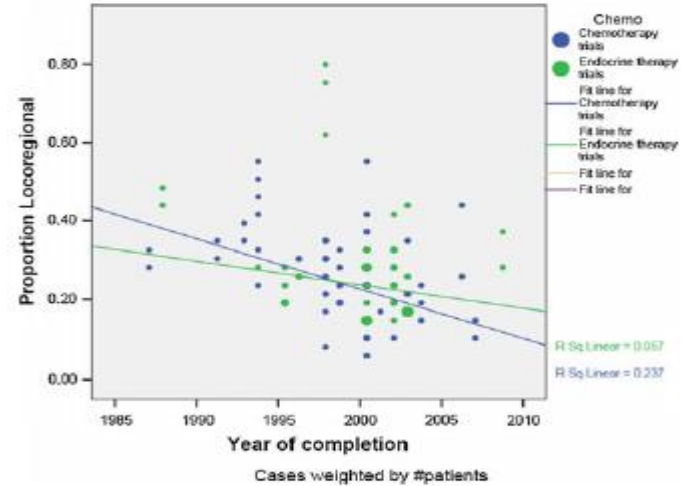


Fig. 2 Proportion of locoregional recurrences for endocrine and chemotherapy over time

Advances in treatment have differentially reduced the proportion of LRR compared with DR → down to 10-15% of all recurrences → influence design new clinical trials.

RT-omission in HR+/HER2- BC: *Introduction*

± 1970

*Maximal
tolerable
treatment*



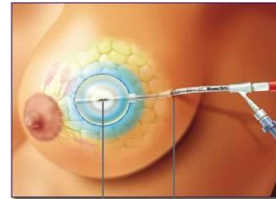
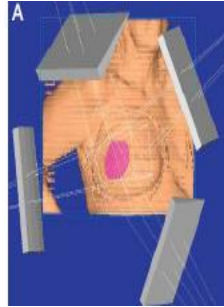
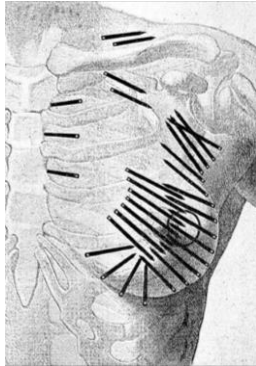
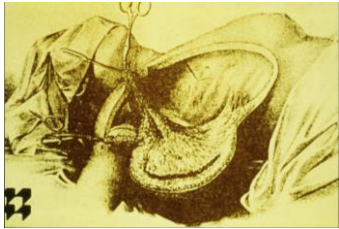
± 2000

*Minimal
effective
treatment*

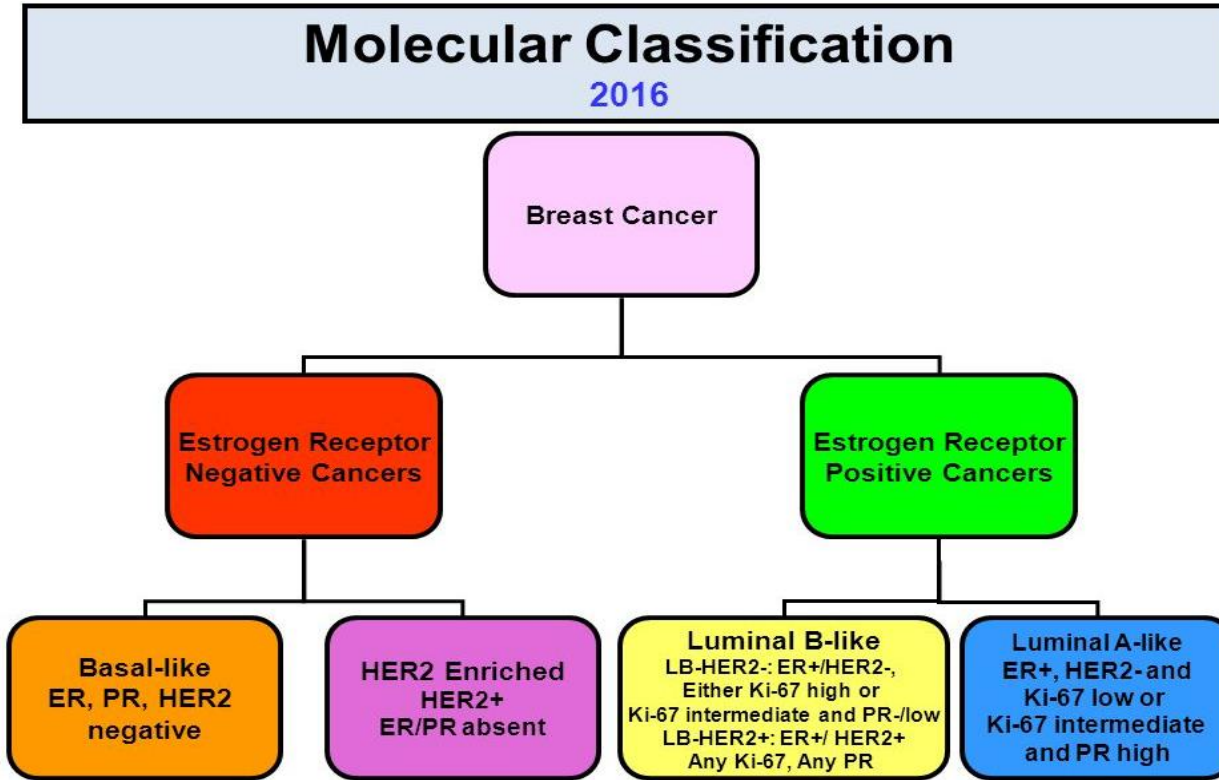


± 2015

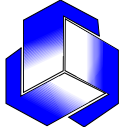
*No
treatment
any more*



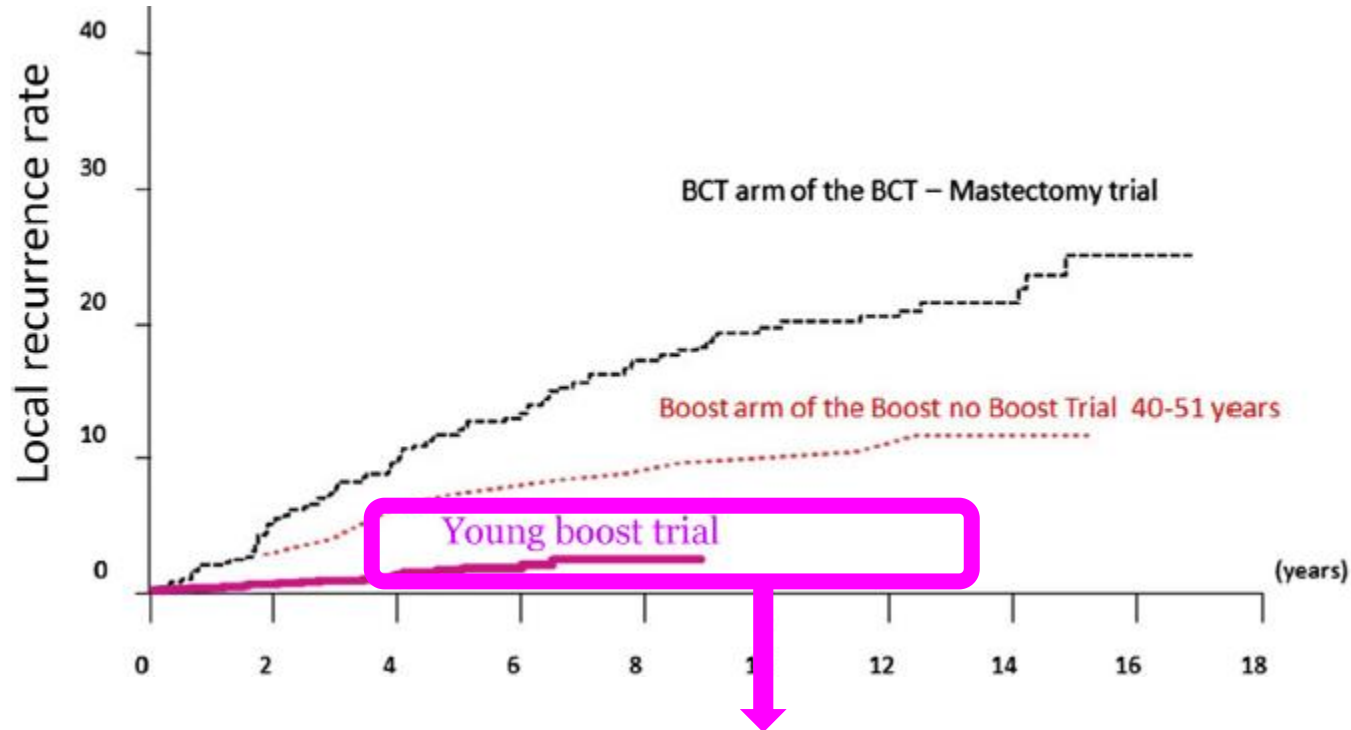
RT-omission in HR+/HER2- BC: *Introduction*



RT-omission in HR+/HER2- BC: *Introduction*



Recurrence rates after BCT decreased a lot!



ESTRO 2024: 4.2% LRR at 10 years after conv. boost

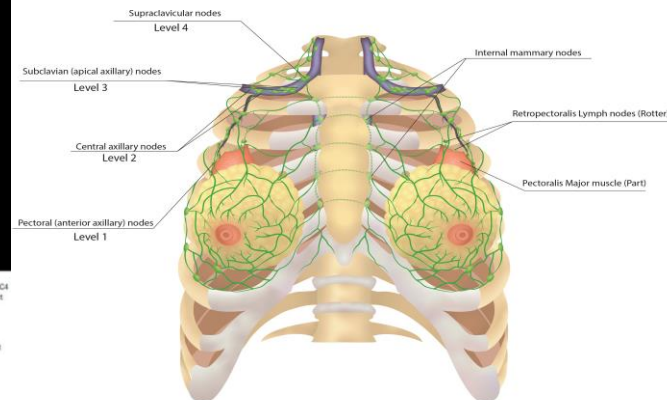
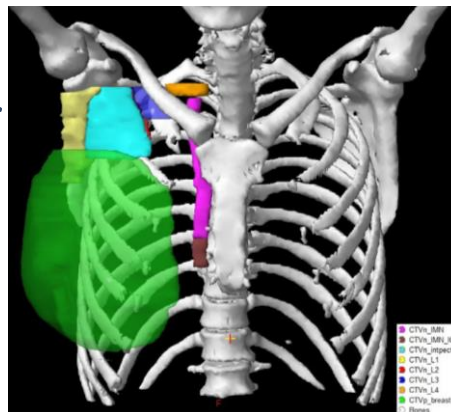
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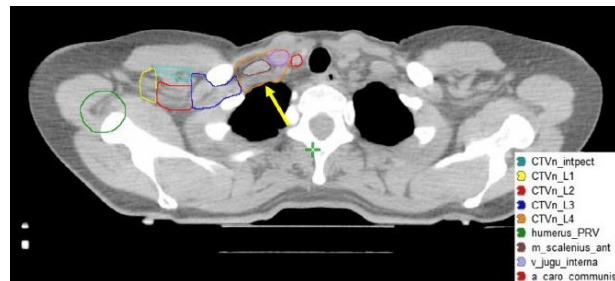
RT-omission in HR+/HER2- BC: *Less RT*

Transition 20th → 21st century

- *Number of target volumes*
- *Size of target volumes*
- *Dose*
- *Number of fractions*



Allen Design



RT-omission in HR+/HER2- BC: *Less RT*

European Society for Radiotherapy and Oncology Advisory Committee in Radiation Oncology Practice consensus recommendations on patient selection and dose and fractionation for external beam radiotherapy in early breast cancer

Icro Meattini, Carlotta Becherini, Liesbeth Boersma, Orit Kaidar-Person, Gustavo Nader Marta, Angel Montero, Birgitte Vrou Offersen, Marianne C Aznar, Claus Belka, Adrian Murray Brunt, Samantha Dicuonzo, Pierfrancesco Franco, Mechthild Krause, Mairead MacKenzie, Tanja Marinko, Livia Marrazzo, Ivica Ratos, Astrid Scholten, Elzbieta Senkus, Hilary Stobart, Philip Poortmans, Charlotte E Coles**

RT-omission in HR+/HER2- BC: *Less RT*

Panel: Final consensus statements

1. Whole breast irradiation

- a Moderate hypofractionated whole breast irradiation should be offered regardless of age at breast cancer diagnosis, pathological tumour stage, breast cancer biology, surgical margins status, tumour bed boost, breast size, invasive or pre-invasive ductal carcinoma in situ (DCIS) disease, oncoplastic breast conserving surgery, and use of systemic therapy
- b Ultrahypofractionated (26 Gy in five fractions) whole breast irradiation can be offered as (1) standard of care or (2) within a randomised controlled trial or prospective registration cohort

2. Chest wall irradiation

- a Moderate hypofractionation can be offered for chest wall irradiation without breast reconstruction
- b Moderate hypofractionation can be offered for chest wall irradiation regardless of time and type of breast reconstruction
- c Ultrahypofractionation (26 Gy in five fractions) for chest wall irradiation without breast reconstruction can be offered as (1) standard of care or (2) within a randomised controlled trial or prospective registration cohort
- d Ultrahypofractionation (26 Gy in five fractions) for chest wall irradiation after breast reconstruction can be offered within a randomised controlled trial or prospective registration cohort

3. Nodal irradiation

- a Moderate hypofractionation should be offered for nodal irradiation
- b Ultrahypofractionation (26 Gy in five fractions) should not be offered for nodal irradiation until ongoing trials results are reported

4. Partial breast irradiation–patient selection for external beam radiotherapy

Low risk-features suitable for partial breast irradiation are: luminal-like subtypes small tumour (≤ 3 cm), absence of lymph vascular space invasion, non-lobular invasive carcinoma, tumour grade 1–2, low-to-intermediate grade DCIS (sized ≤ 2.5 cm with clear surgical margins ≥ 3 mm), age at diagnosis 50 years or more, unicentric or unifocal lesion, clear surgical margins (> 2 mm), node negative (including isolated tumour cells), and no use of primary systemic therapy and neoadjuvant chemotherapy

5. Partial breast irradiation–dose and fractionation

- a Moderate hypofractionation (40 Gy in 15 fractions) and ultrahypofractionation (26–30 Gy in five fractions) represent acceptable schedules for external beam partial breast irradiation
- b Twice a day external beam partial breast irradiation dose and fractionations similar to those used in the RAPID trial should not be offered

DCIS=ductal carcinoma in situ.

RT-omission in HR+/HER2- BC: *Less RT*

Panel: Final consensus statements

4. Partial breast irradiation–patient selection for external beam radiotherapy

Low risk-features suitable for partial breast irradiation are: luminal-like subtypes small tumour (≤ 3 cm), absence of lymph vascular space invasion, non-lobular invasive carcinoma, tumour grade 1–2, low-to-intermediate grade DCIS (sized ≤ 2.5 cm with clear surgical margins ≥ 3 mm), age at diagnosis 50 years or more, unicentric or unifocal lesion, clear surgical margins (> 2 mm), node negative (including isolated tumour cells), and no use of primary systemic therapy and neoadjuvant chemotherapy

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RT-omission in HR+/HER2- BC: *EBCTCG 2011*

Articles



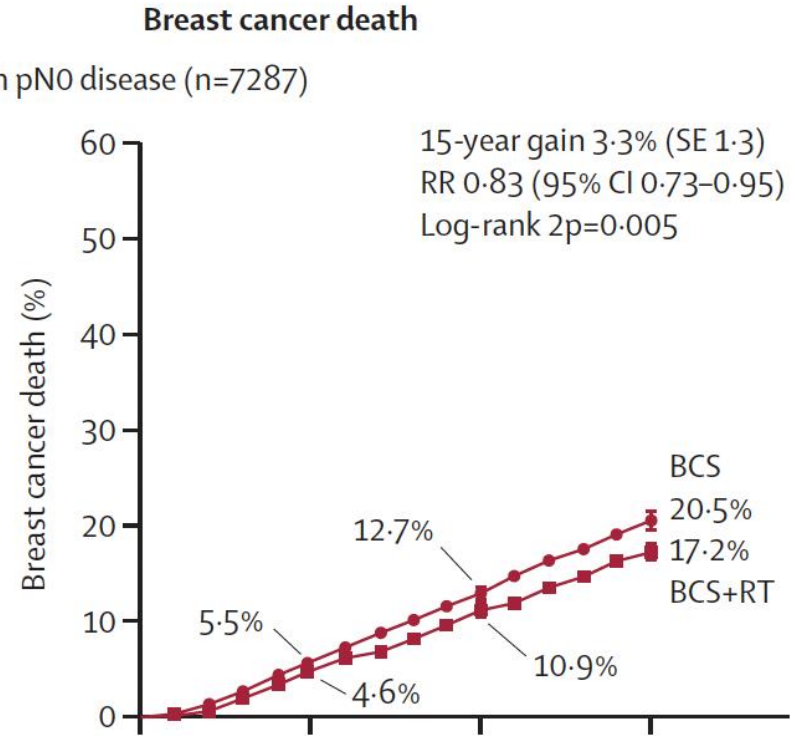
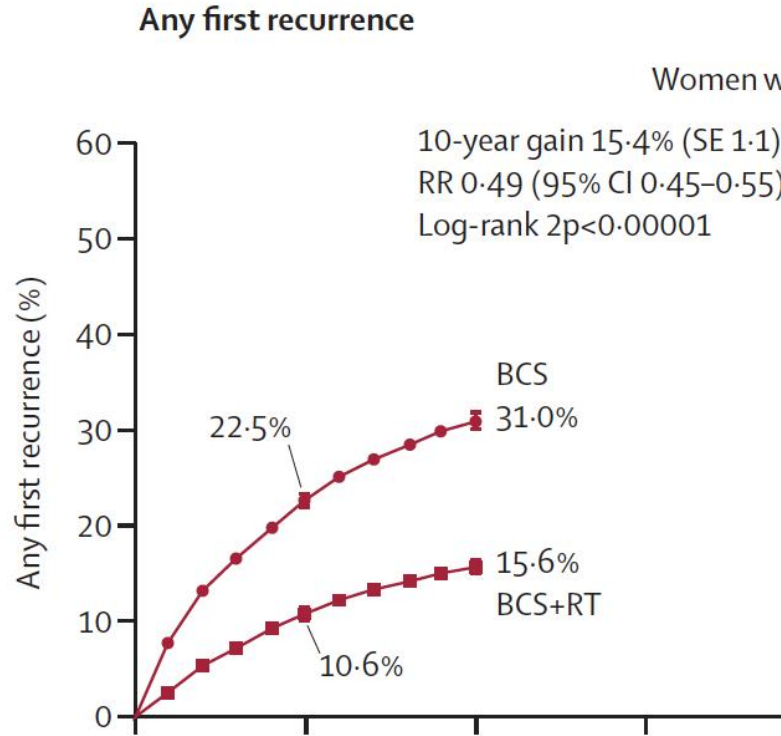
**Effect of radiotherapy after breast-conserving surgery on
10-year recurrence and 15-year breast cancer death:
meta-analysis of individual patient data for 10 801 women
in 17 randomised trials**



*Early Breast Cancer Trialists' Collaborative Group (EBCTCG)**

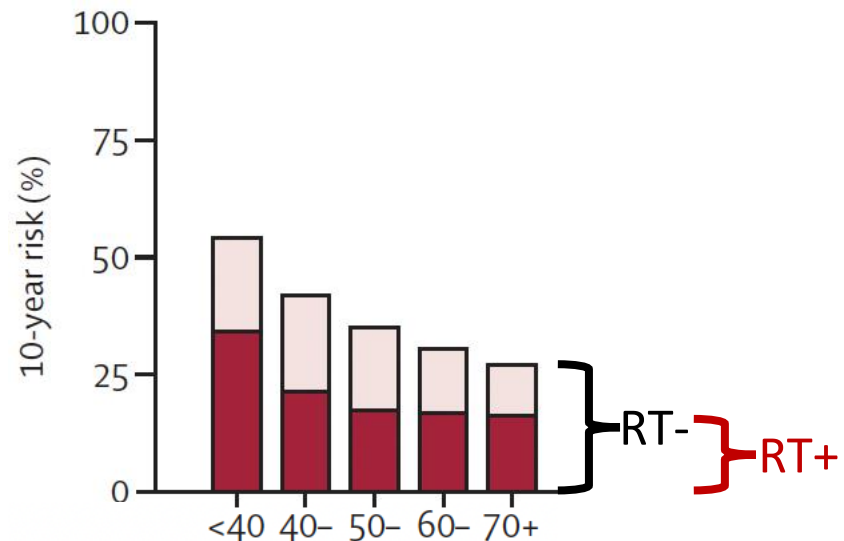
RT-omission in HR+/HER2- BC: *EBCTCG 2011*

Effect of postoperative RT on any first recurrence and breast cancer mortality (pN0)

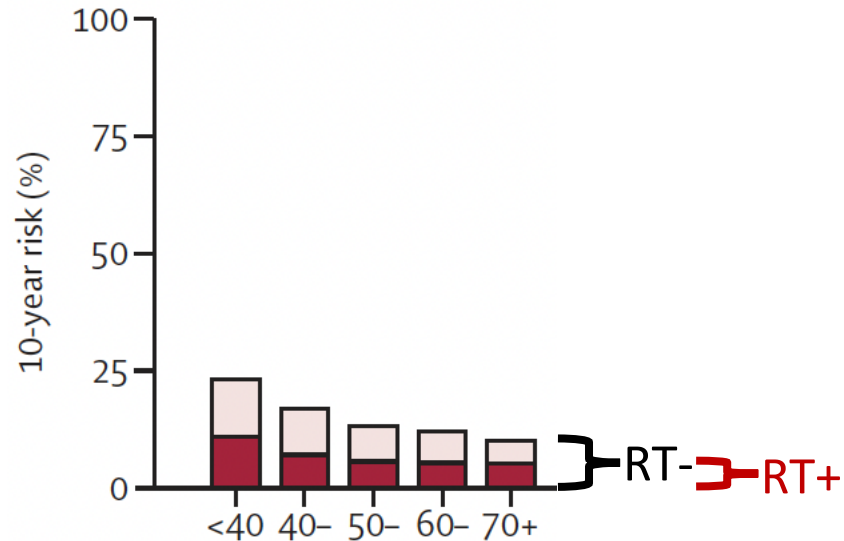


RT-omission in HR+/HER2- BC: *EBCTCG 2011*

10-years risks of any first recurrence per age category (pN0; n=7287)



No tamoxifen



Tamoxifen


T1; G1; ER+

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RT-omission in HR+/HER2- BC: *ET – the ugly truth*

DCIS or LCIS only?




Age at diagnosis




Age must be between 25 and 85

Post Menopausal?



ER status



HER2/ERBB2 status



KI-67 status



Positive means more than 10%

Invasive tumour size (mm)




If there was more than one tumour, enter the size of the largest tumour. If neo-adjuvant therapy was undertaken, enter the size before neo-adjuvant therapy.

Tumour grade



Detected by




Detected as part of a preventive [screening programme](#)

Positive nodes



Micrometastases only



Enabled when positive nodes is 1.
[Why can't I enter micrometastases?](#)

RT-omission in HR+/HER2- BC: *ET – the ugly truth*

DCIS or LCIS only?

☐ Yes ☒ No

Age at diagnosis

☐ - ☒ 70 ☐ +

Age must be between 25 and 85

Post Menopausal?

☒ Yes ☐ No ☐ Unknown

ER status

☒ Positive ☐ Negative

HER2/ERBB2 status

☐ Positive ☒ Negative ☐ Unknown

KI-67 status

☐ Positive ☒ Negative ☐ Unknown

Positive means more than 10%

Invasive tumour size (mm)

☐ - ☒ 15 ☐ +

If there was more than one tumour, enter the size of the largest tumour. If neo-adjuvant therapy was undertaken, enter the size before neo-adjuvant therapy.

Tumour grade

☐ 1 ☐ 2 ☐ 3

Detected by

☒ Screening ☐ Symptoms ☐ Unknown

Detected as part of a preventive [screening programme](#)

Positive nodes

☐ - ☒ 0 ☐ +

Micrometastases only

☐ Yes ☐ No ☐ Unknown

Enabled when positive nodes is 1.
[Why can't I enter micrometastases?](#)

Treatment Options

Hormone Therapy

☐ No ☐ 5 Years ☐ 10 Years

Hormone (endocrine) therapy
Available when ER-status is positive

Chemotherapy

☒ None ☐ 2nd gen ☐ 3rd gen

Trastuzumab

☐ No ☐ Yes

Available when HER2/ERBB2 status is positive

Bisphosphonates

☐ No ☐ Yes

Available for post-menopausal women

Results

⚠ These results may be less accurate for women aged 70 and over

☒ Table ☐ Curves ☐ Chart ☐ Texts ☐ Icons

Select number of years since surgery you wish to consider:

☐ 5 ☒ 10 ☐ 15

This table shows the percentage of women who survive at least 10 years after surgery.

Treatment	Additional Benefit	Overall Survival %
Surgery only	-	78%

If death from breast cancer were excluded, 80% would survive at least 10 years, and 20% would die of other causes. [i](#)

RT-omission in HR+/HER2- BC: *ET – the ugly truth*

DCIS or LCIS only? Yes No

Age at diagnosis - 70 +
Age must be between 25 and 85

Post Menopausal? Yes No Unknown

ER status Positive Negative

HER2/ERRB2 status Positive Negative Unknown

KI-67 status Positive Negative Unknown
Positive means more than 10%

Invasive tumour size (mm) - 15 +
If there was more than one tumour, enter the size of the largest tumour. If neo-adjuvant therapy was undertaken, enter the size before neo-adjuvant therapy.

Tumour grade 1 2 3

Detected by Screening Symptoms Unknown
Detected as part of a preventive [screening programme](#)

Positive nodes - 0 +

Micrometastases only Yes No Unknown
Enabled when positive nodes is 1.
[Why can't I enter micrometastases?](#)

Treatment Options

Hormone Therapy No 5 Years 10 Years
Hormone (endocrine) therapy
Available when ER-status is positive

Chemotherapy None 2nd gen 3rd gen

Trastuzumab No Yes
Available when HER2/ERRB2 status is positive

Bisphosphonates No Yes
Available for post-menopausal women

Results

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Table Curves Chart Texts Icons

Select number of years since surgery you wish to consider:

5 10 15

This table shows the percentage of women who survive at least 10 years after surgery.

Treatment	Additional Benefit	Overall Survival %
Surgery only	-	78%
+ Hormone therapy	0.8% (0.5% – 1.0%)	78%

If death from breast cancer were excluded, 80% would survive at least 10 years, and 20% would die of other causes.

RT-omission in HR+/HER2- BC: *ET – the ugly truth*



Annals of Oncology 30: 1784–1795, 2019

doi:10.1093/annonc/mdz298

Published online 8 October 2019

ORIGINAL ARTICLE

Differential impact of endocrine therapy and chemotherapy on quality of life of breast cancer survivors: a prospective patient-reported outcomes analysis

A. R. Ferreira^{1,2}, A. Di Meglio¹, B. Pistilli³, A. S. Gbenou¹, M. El-Mouhebb¹, S. Dauchy⁴, C. Charles⁴, F. Joly⁵, S. Everhard⁶, M. Lambertini^{7,8}, C. Coutant⁹, P. Cottu¹⁰, F. Lerebours¹¹, T. Petit¹², F. Dalenc¹³, P. Rouanet¹⁴, A. Arnaud¹⁵, A. Martin⁶, J. Berille¹⁶, P. A. Ganz¹⁷, A. H. Partridge¹⁸, S. Delaloge³, S. Michiels^{19,20}, F. Andre^{1,3} & I. Vaz-Luis^{1,3*}

Ferreira AR, et al. Annals of Oncology 30: 1784–1795, 2019.

RT-omission in HR+/HER2- BC: *ET – the ugly truth*

QoL deterioration persisted at 2 years after diagnosis with different trajectories by treatment received. ET, but not CT, had a major detrimental impact on C30-SumSc, especially in postmenopausal women. These findings highlight the need to properly select patients for adjuvant ET escalation.

RT-omission in HR+/HER2- BC: *ET – the ugly truth*

Adverse events profile phase 3 trials (in bold adverse events $\geq 20\%$).

Reference trial	Trial design	Number of patients	Median follow-up time, years	Experimental arm	Reported Adverse Event (experimental arm only)	Occurrence rate, %
Endocrine therapy trials						
NSABP-B14 [10, 11]	Placebo or tamoxifen	1,172	6.75	Tamoxifen	Hot flushes Weight gain Fluid retention Vaginal discharge Irregular menses Nausea Weight loss Skin changes Diarrhoea Thromboembolic (venous) Second primary cancer (all) ° Contralateral breast cancer ° Endometrial cancer °	64.0 38.0 32.0 30.0 25.0 24.0 22.0 19.0 11.0 1.7 10.8 2.9 2.1
ATLAS [12]	Tamoxifen 5 years or 10 years	12,894 °°	Not specified	Tamoxifen 10 years (n=6,454)	Stroke Pulmonary embolus Ischaemic heart disease Vascular death (Stroke, pulmonary embolus, heart disease) Neoplastic death Second primary cancer (all) Contralateral breast cancer Endometrial cancer	2.0 0.6 2.0 2.2 1.5 13.4 6.9 1.8

RT-omission in HR+/HER2- BC: *ET – the ugly truth*

Adverse events profile phase 3 trials (in bold adverse events ≥20%).

Reference trial	Trial design	Number of patients	Median follow-up time, years	Experimental arm	Reported Adverse Event (experimental arm only)	Occurrence rate, %
Endocrine therapy trials						
BIG 1-98 [13-15]	Tamoxifen or Letrozole or sequence	8,100	12.6	Letrozole (n=2 463)	Hypercholesterolemia Hot flushes Arthralgia Night sweating Nausea Bone fractures Myalgia Vaginal bleeding Vomiting Cerebrovascular accident/transient ischemic attack Thromboembolic event Cardiac event Ischemic heart disease Cardiac failure Second non breast primary (all) Contralateral breast cancer Endometrial cancer	50.6 32.8 20.0 14.2 9.9 8.6 7.1 3.8 3.0 1.4 2.0 5.5 2.2 1.0 2.6 0.6 0.2
ATAC [16, 17]	Tamoxifen or Anastrozole	6,241	10	Anastrozole (n=3,125)	Hot flushes Arthralgia Mood disturbances Fatigue/tiredness Nausea and vomiting Vaginal bleeding Vaginal discharge Endometrial cancer Fractures Ischaemic cardiovascular disease Ischaemic cerebrovascular events Venous thrombo-embolic events Deep venous thromboembolic events Cataracts Second primary (all) Contralateral breast cancer °°° Endometrial cancer	35.7 35.6 19.3 18.6 12.7 5.4 3.5 0.8 11 4.1 2.0 2.8 1.6 5.9 13.7 3.2 0.2

RT-omission in HR+/HER2- BC: *ET – the ugly truth*

Adverse events profile phase 3 trials (in bold adverse events $\geq 20\%$).

Reference trial	Trial design	Number of patients	Median follow-up time, years	Experimental arm	Reported Adverse Event (experimental arm only)	Occurrence rate, %
Radiation therapy trials						
START B [18, 19]	50Gy/25 or 40Gy/15 WBI	2,215	9.9	40Gy/15fx WBI (n=1,110)	Breast shrinkage * Breast induration (index) * Telangiectasia * Breast oedema * Shoulder stiffness * Arm oedema * Ischaemic heart disease Symptomatic rib fracture Symptomatic lung fibrosis Second <u>nonbreast</u> primary Contralateral breast cancer	11.4 9.6 1.8 4.7 3.1 2.8 0.6 0.2 0.3 2.3 1.5
<u>FAST-Forward</u> [6]	40Gy/15 or 26Gy/5 WBI	3,024	6	26Gy/5fx WBI (n=1,026)	Any moderate/marked adverse event in breast/chest wall Breast distortion Breast shrinkage Breast induration (index) Breast induration (outside index) Telangiectasia Breast/chest wall oedema Breast/chest wall discomfort Symptomatic rib fracture Symptomatic lung fibrosis Ischemic heart disease Second <u>nonbreast</u> primary Contralateral breast cancer	12 5 7 4 2 1 1 3 1.5 0.9 0.9 3.2 1.7

RT-omission in HR+/HER2- BC: *ET – the ugly truth*

Adverse events profile phase 3 trials (in bold adverse events $\geq 20\%$).

Reference trial	Trial design	Number of patients	Median follow-up time, years	Experimental arm	Reported Adverse Event (experimental arm only)	Occurrence rate, %
Radiation therapy trials						
IMPORT-Low [7]	40Gy/15 WBI or 40Gy/15 PBI	2,018	6	40Gy/15fx PBI (n=669)	Worst normal-tissue effects * Breast shrinkage * Breast induration (index) * Breast induration (outside index) * Telangiectasia * Breast oedema * Cardiac death Cerebrovascular accident death Pulmonary embolism death Second nonbreast primary Contralateral breast cancer	10 7 5 <1 1 0 <1 <1 0 4 2
RAPID [20]	WBI or Accelerated PBI	2,135	8.6	38.5Gy/10fx BID PBI (n=1,070)	Acute period ** Radiation dermatitis Fatigue Breast swelling Breast pain Pneumonitis Any acute toxicity Late period ** Induration or fibrosis Telangiectasia Breast pain Chest wall pain Fatty necrosis Any late toxicity Cardiac death Second nonbreast primary Contralateral breast cancer	<0.5 0.8 <0.5 <0.5 0 1.8 2.9 1.2 <0.5 <0.5 0.5 4.5 <1 7.9 2.7

RT-omission in HR+/HER2- breast cancer

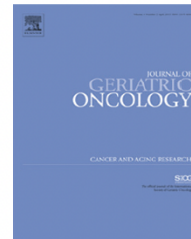
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RT-omission in HR+/HER2- BC: *RT versus ET*



Contents lists available at [ScienceDirect](#)

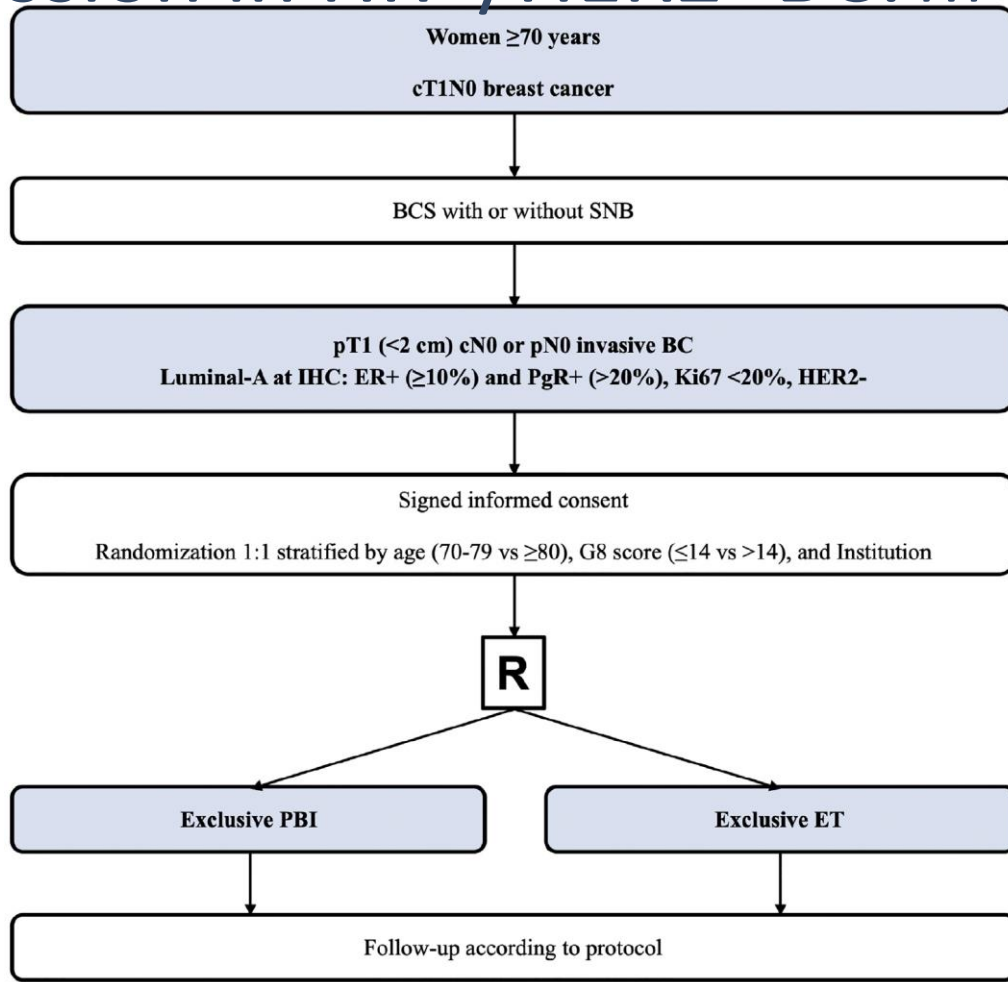
Journal of Geriatric Oncology



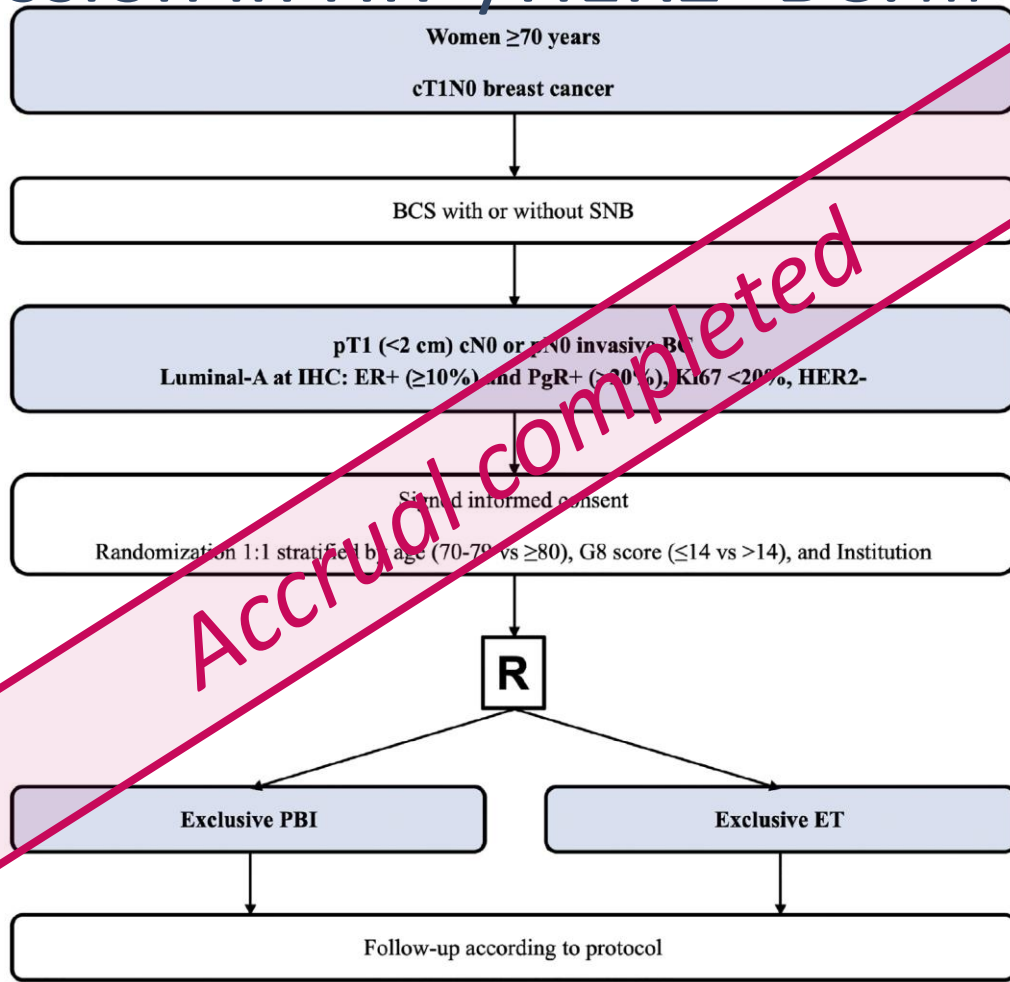
Exclusive endocrine therapy or partial breast irradiation for women aged ≥ 70 years with luminal A-like early stage breast cancer (NCT04134598 – EUROPA): Proof of concept of a randomized controlled trial comparing health related quality of life by patient reported outcome measures

Icro Meattini ^{a,b,*}, Philip M.P. Poortmans ^{c,d}, Livia Marrazzo ^b, Isacco Desideri ^{a,b}, Etienne Brain ^e, Marije Hamaker ^f, Matteo Lambertini ^{g,h}, Guido Miccinesi ⁱ, Nicola Russell ^j, Calogero Saieva ⁱ, Vratislav Strnad ^k, Luca Visani ^{a,b}, Orit Kaidar-Person ^l, Lorenzo Livi ^{a,b}

RT-omission in HR+/HER2- BC: *RT versus ET*



RT-omission in HR+/HER2- BC: *RT versus ET*



Exclusive endocrine therapy or radiation therapy in women aged 70+ years with luminal-like early breast cancer (EUROPA): preplanned interim analysis of a randomized phase 3 trial

Icro Meattini, MD

University of Florence, Florence, Italy

Icro Meattini, Maria Carmen De Santis, Luca Visani, Marta Scorsetti, Alessandra Fozza, Bruno Meduri, Fiorenza De Rose, Elisabetta Bonzano, Agnese Prisco, Valeria Masiello, Eliana La Rocca, Ruggero Spoto, Carlotta Becherini, Gladys Blandino, Luca Moschetti, Riccardo Ray Colciago, Francesca Martella, Lorenzo Vinante, Sara Ramella, Marco Gatti, Sara Pedretti, Patrizia Vici, Nadia G. Di Muzio, Alice Pastorino, Maria Cristina Leonardi, Ivica Ratosa, Jure Verbancic, Riccardo A. Audisio, Etienne Brain, Saverio Caini, Marije Hamaker, Orit Kaidar Person, Matteo Lambertini, Livia Marrazzo, Calogero Saieva, Tanja Spanic, Vratislav Strnad, Sally Wheelwright, Philip M. P. Poortmans, Lorenzo Livi, on behalf of the EUROPA trial Investigators

Exclusive endocrine therapy or radiation therapy in women aged 70+ years with luminal-like early breast cancer (EUROPA): a randomized phase 3 trial

Conclusions

Summary – interim analysis

RT offers better HRQOL GHS preservation than ET at 24 months

Lower incidence of treatment-related AEs in the RT arm

No warning signals regarding **stopping rules**

Future Directions

Ongoing patient recruitment and follow-up

Final analysis will include IBTR rates and long-term outcomes

Take-Home Message

RT or ET may be a viable **single-modality** treatment option, emphasizing the need for a **patient-centred personalized care**

RT-omission in HR+/HER2- BC: *RT versus ET*

Single-modality endocrine therapy versus radiotherapy after breast-conserving surgery in women aged 70 years and older with luminal A-like early breast cancer (EUROPA): a preplanned interim analysis of a phase 3, non-inferiority, randomised trial

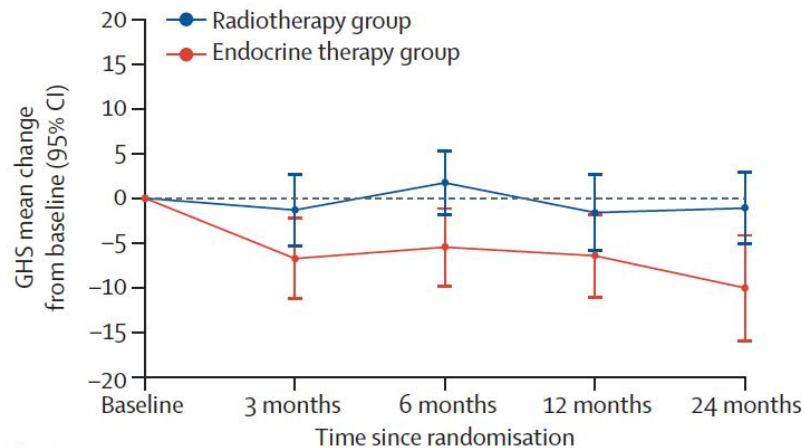
Icro Meattini, Maria Carmen De Santis, Luca Visani, Marta Scorsetti, Alessandra Fozza, Bruno Meduri, Fiorenza De Rose, Elisabetta Bonzano, Agnese Prisco, Valeria Masiello, Eliana La Rocca, Ruggero Spoto, Carlotta Becherini, Gladys Blandino, Luca Moscetti, Riccardo Ray Colciago, Riccardo A Audisio, Etienne Brain, Saverio Caini, Marije Hamaker, Orit Kaidar-Person, Matteo Lambertini, Livia Marrazzo, Calogero Saieva, Tanja Spanic, Vratislav Strnad, Sally Wheelwright, Philip M P Poortmans, Lorenzo Livi*, on behalf of the EUROPA Trial Investigators†*

RT-omission in HR+/HER2- BC: *RT versus ET*

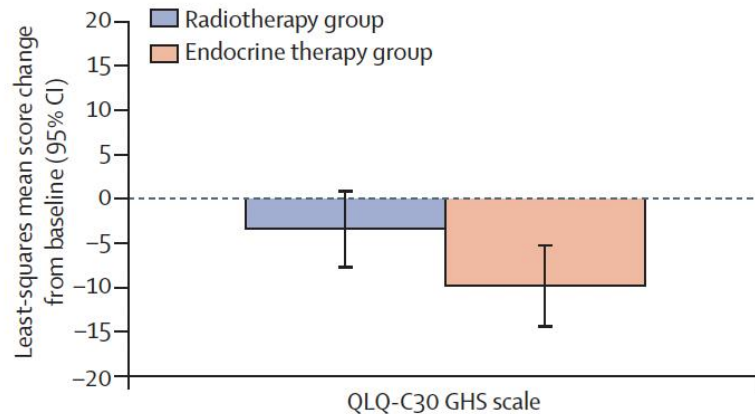
Summary – interim analysis:

- ✓ RT offers better HRQOL GHS preservation than ET at 24 months
- ✓ Lower incidence of treatment-related AEs in the RT arm
- ✓ No warning signals regarding stopping rules

RT-omission in HR+/HER2- BC: *RT versus ET*



Number of patients					
Radiotherapy group	104	88	92	88	82
Endocrine therapy group	99	74	79	75	73



RT-omission in HR+/HER2- breast cancer

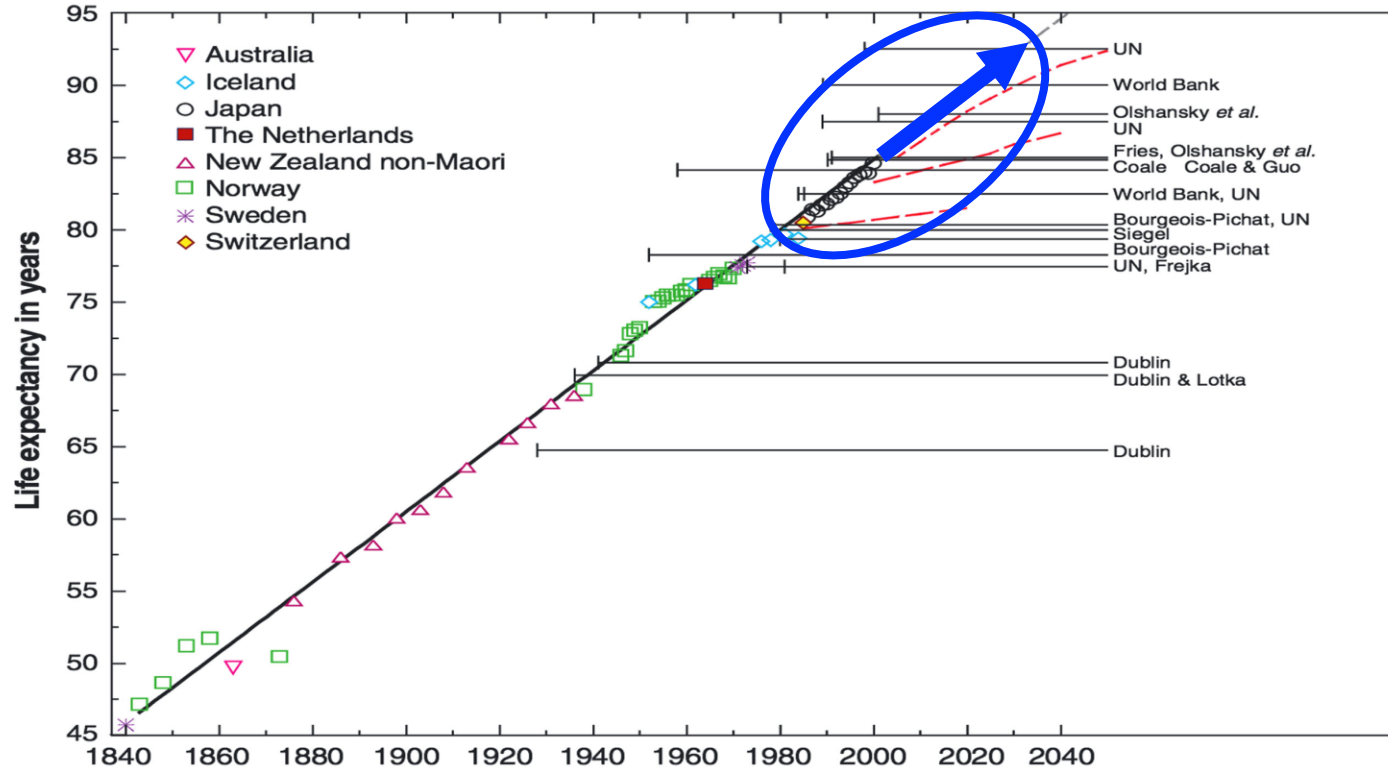
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RT-omission in HR+/HER2- BC: *Discussion*

Record female life expectancy from 1840 to the present – Oeppen and Vaupel (2002)

Shown is the record female life expectancy and the country with the highest female life expectancy at each point in time.

- The linear-regression trend is depicted by a bold black line (slope = 0.243) and the extrapolated trend by a dashed gray line.
- The horizontal black lines show asserted ceilings on life expectancy, with a shorter vertical line indicating the year of publication.
- The dashed red lines denote projections of female life expectancy in Japan published by the United Nations in 1986, 1999, and 2001.



RT-omission in HR+/HER2- BC: *Discussion*

The breast: MRM vs BCT

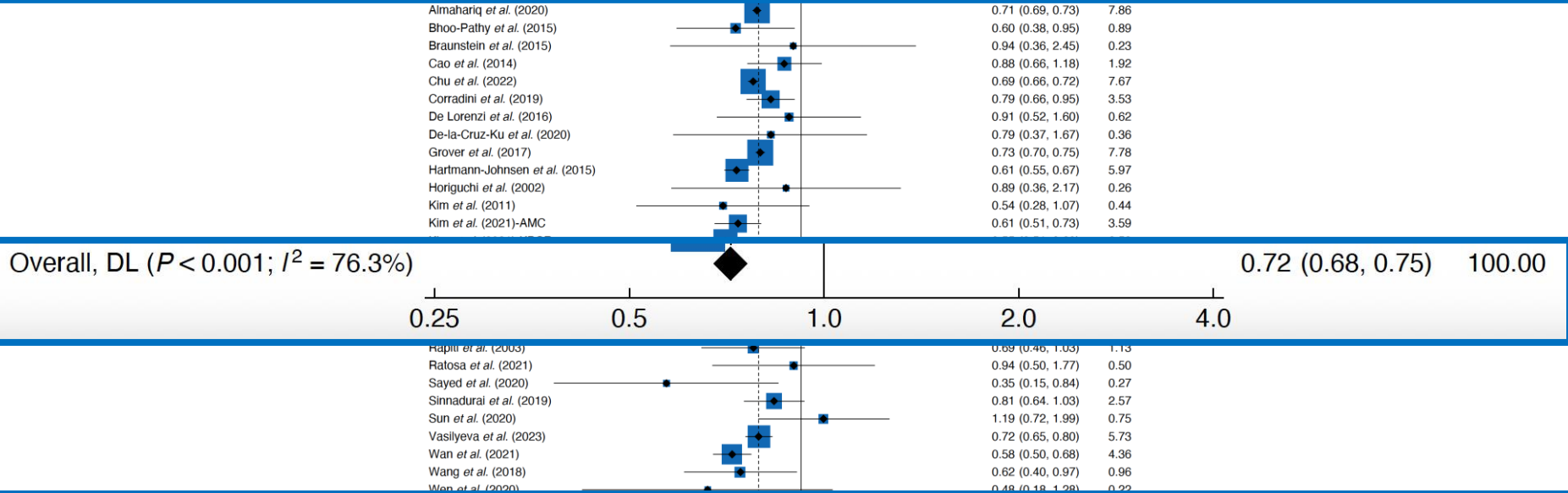
Overall survival after mastectomy *versus* breast-conserving surgery with adjuvant radiotherapy for early-stage breast cancer: meta-analysis

- Systematic review
- 2000 - 2023
- 35 observational studies
- 909,077 patients (362,390 MRM & and 546,687 BCT incl RT)

RT-omission in HR+/HER2- BC: *Discussion*

The breast: MRM vs BCT


Fig. 2 Forest plot of HRs for overall survival for breast-conserving surgery with adjuvant radiotherapy versus mastectomy



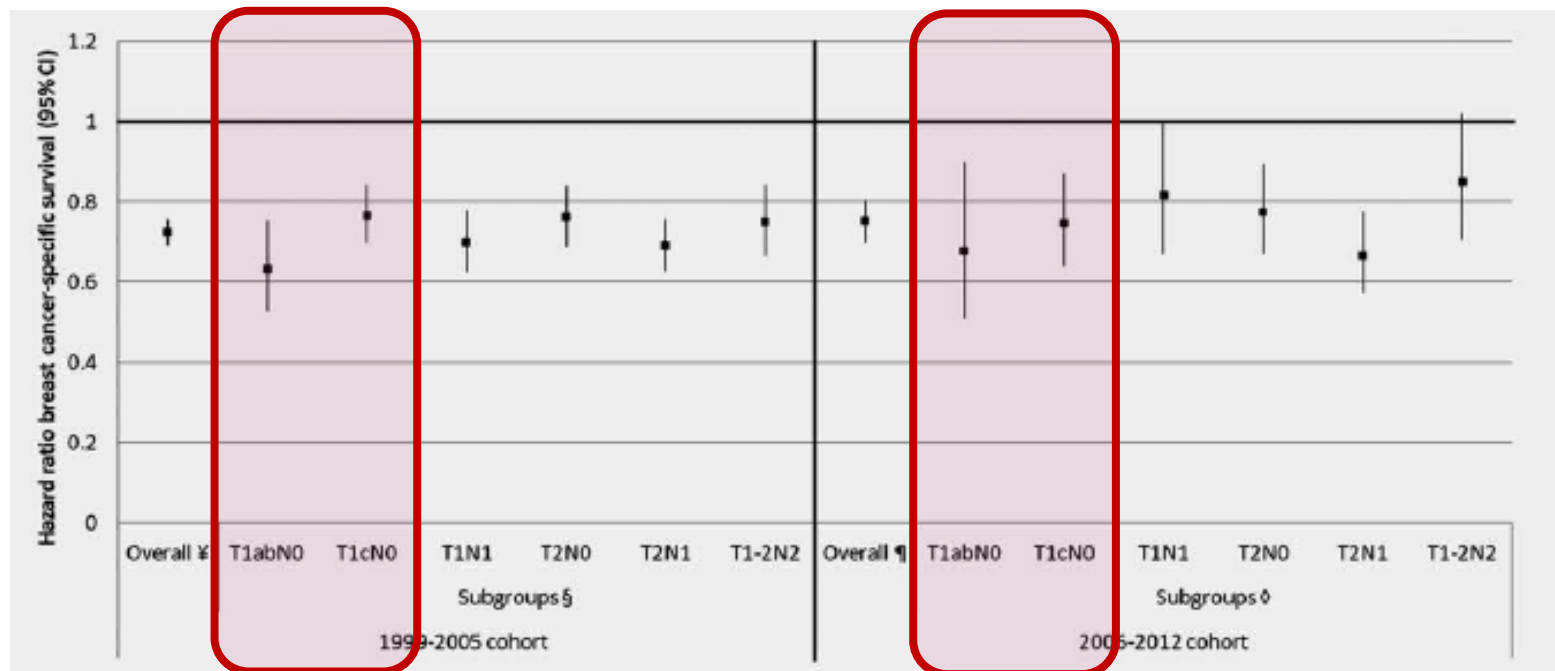
Conclusion: This meta-analysis provides evidence suggesting a survival advantage for women undergoing breast-conserving surgery with adjuvant radiotherapy for early-stage breast cancer compared with mastectomy. Although these results should be interpreted with caution, they should be shared with patients to support informed surgical decision-making.

RT-omission in HR+/HER2- BC: *Discussion*

Nationwide population-based study of trends and regional variation in breast-conserving treatment for breast cancer

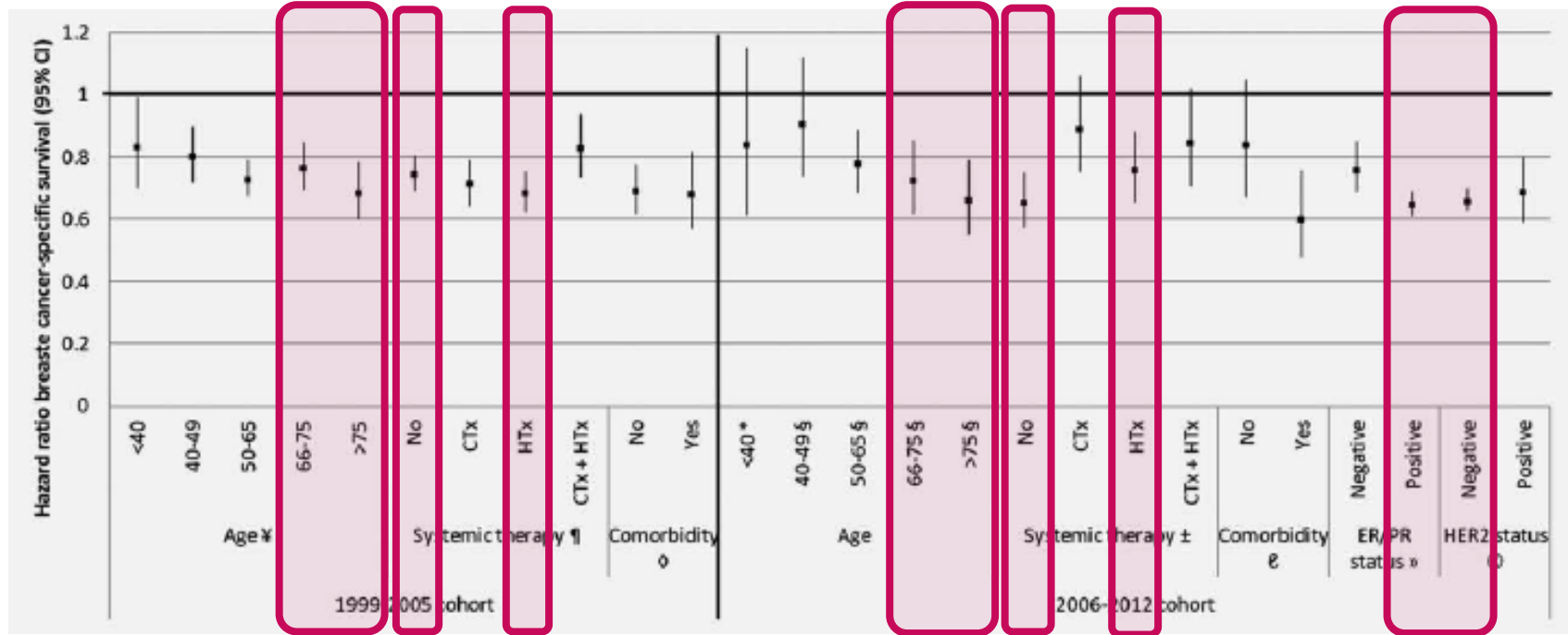
M. C. van Maaren^{1,2} , L. J. A. Strobbe³, L. B. Koppert⁴, P. M. P. Poortmans⁵ and S. Siesling^{1,2}

RT-omission in HR+/HER2- BC: *Discussion*



Hazard ratios of breast-conserving therapy compared to mastectomy on BCSS for both cohorts, overall and specified for T and N stage.

RT-omission in HR+/HER2- BC: *Discussion*



Hazard ratios of breast-conserving therapy compared to mastectomy on BCSS in T1–2N0–1 stage breast cancer, specified for predefined prognostic factors.

RT-omission in HR+/HER2- BC: *Discussion*

The breast: MRM vs BCT

Hypothesis: favourable effect of RT

- Treatment of residual subclinical disease?
- More volume (*rBGT; lymphatics*) effectively treated?
- Immunological phenomenon?

RT-omission in HR+/HER2- BC: *Discussion*

RT after tumourectomy: not always required?

Table 2

Summary of recent randomized controlled trials evaluating omission of radiotherapy in early breast cancer.

Randomized controlled trials	Number of patients	Age, years	Tumor size (cm)	Histology	Grade	Hormone Receptors	Axillary nodal status	Surgery	Margins	Median follow-up (years)	Incidence of IBTR (%)
<i>Hughes et al, 2013 [16]</i>	636	≥70	≤2	Invasive carcinomas	All	Positive	N0	BCS	Negative	12.6	8.5 (TAM only) 1.9 (TAM + RT)
<i>Veronesi et al, 2001 [17]</i>	579	≤70	≤2.5	Invasive carcinomas	All	Any	N0-N3a	BCS + ALND	Negative	9	23.5 (no RT) 5.8 (RT)
<i>Fyles et al, 2004 [18]</i>	769	≥50 (median 68)	≤5	Invasive carcinomas and DCIS	All	Any	N0	BCS	Negative	5.6	7.7 (TAM only) 0.6 (TAM + RT)
<i>Fisher et al, 2002 [19]</i>	1009	All	≤1	Invasive carcinomas	All	Positive	N0	BCS + ALND	Negative	8	16.5 (TAM) 9.3 (RT+ placebo) 2.8 (TAM + RT)
<i>Blamey et al, 2013 [20]</i>	1135	≤70 (median 57)	≤2	All invasive carcinomas and DCIS	G1 for invasive carcinomas	Positive	N0	BCS	Negative	12	10.2 (no RT) 3.9 (RT)
<i>Kunkler et al, 2015 [14]</i>	1326	≥65 (median 70)	≤3	Invasive carcinomas	All (not both G3 and LVI permitted)	Positive	N0	BCS	≥1 mm	5	4.1 (ET only) 1.3 (RT + ET)
<i>Holli et al, 2001 [21]</i>	152	≥40 (median 55)	≤2	Invasive unifocal carcinomas	G1-G2	Positive	N0	BCS	≥1 cm	6.7	18.1 (no RT) 7.5 (RT)
<i>Tinterri et al, 2014 [22]</i>	749	55–75	≤2.5	Invasive unifocal carcinomas	All	Any	N0-N1	BCS	Negative	9	4.4 (no RT) 3.4 (RT)
<i>Winzer et al, 2010 [23]</i>	347	45–75	≤2	Invasive carcinomas	G1-G2	Positive	N0	BCS	≥2 mm	9.9	34 (BCS) 9.6 (BCS + RT) 7.5 (BCS + TAM) 5.3 (BCS + RT + TAM)

RT-omission in HR+/HER2- BC: *Discussion*

BASO - II

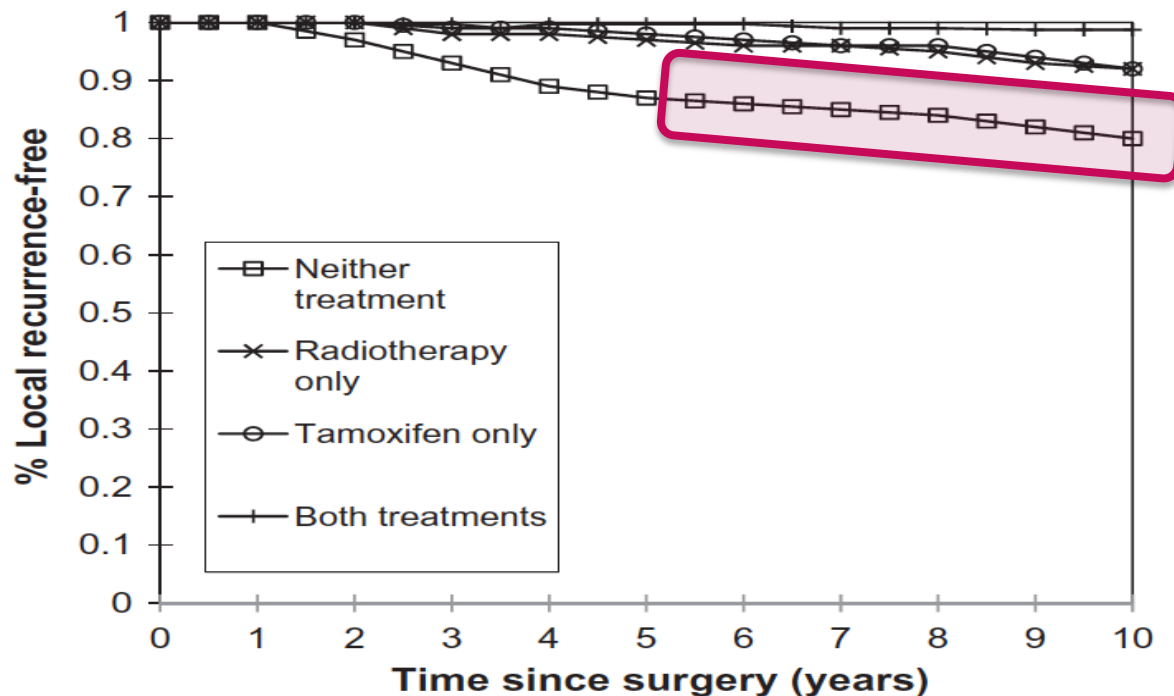
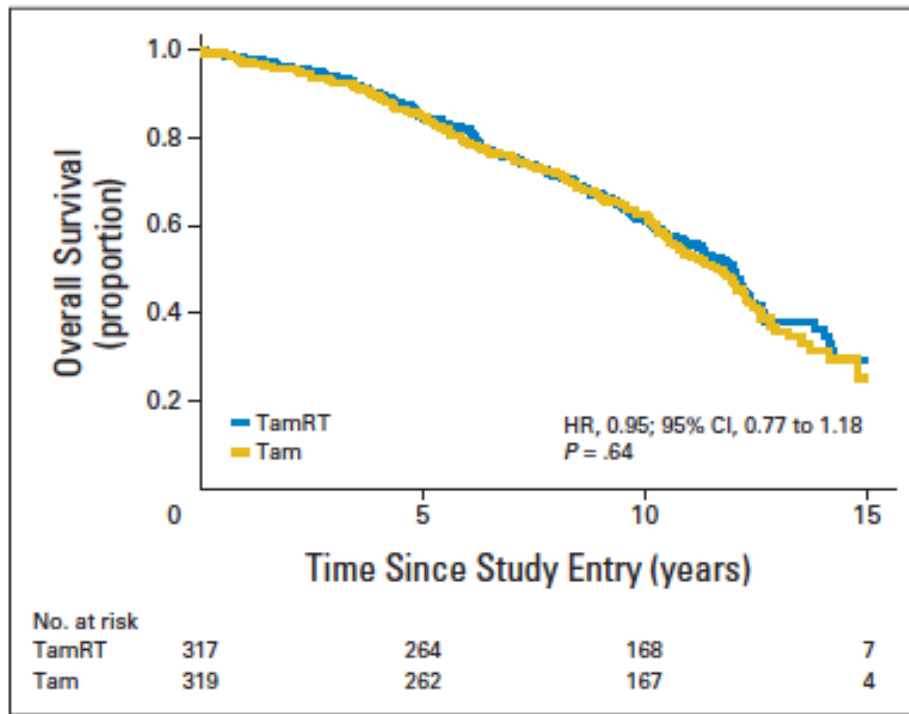


Fig. 2. Survival to first local recurrence by treatment actually received.

RT-omission in HR+/HER2- BC: *Discussion*

CALGB 9343



- 8% LRR benefit at 10y
- 3% died < breast ca
- 49% died unrelated

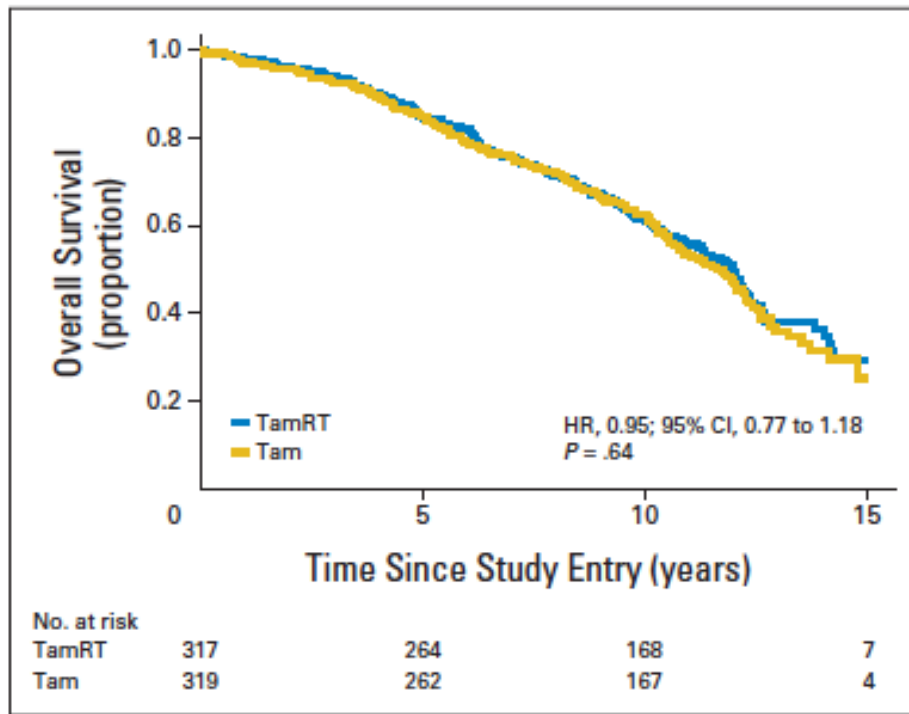
Pt selection: EORTC 22922

= 82.3% 10y OS

= 73.1% 15y OS

RT-omission in HR+/HER2- BC: *Discussion*

CALGB 9343



- 8% LRR benefit at 10y
- 3% died < breast ca
- 49% died unrelated

Pt selection: EORTC 22922

= 82.3% 10y OS

= 73.1% 15y OS

Sneak preview: >60% @ 20 years

RT-omission in BC: *Less when possible*

The NEW ENGLAND JOURNAL *of* MEDICINE

ESTABLISHED IN 1812

FEBRUARY 16, 2023

VOL. 388 NO. 7

Breast-Conserving Surgery with or without Irradiation in Early Breast Cancer

Ian H. Kunkler, M.B., B.Chir., Linda J. Williams, Ph.D., Wilma J.L. Jack, M.B., Ch.B., David A. Cameron, M.D.,
and J. Michael Dixon, M.D.

Kunkler I, et al. NEJM 2023;388:585-594.

RT-omission in BC: *Less when possible*

PRIME - 2

Phase 3 randomized trial:

- Age \geq 65 years
- Tumour \leq 3cm; ER+; N0
- Breast-conserving surgery with clear excision margins
- Adjuvant endocrine therapy

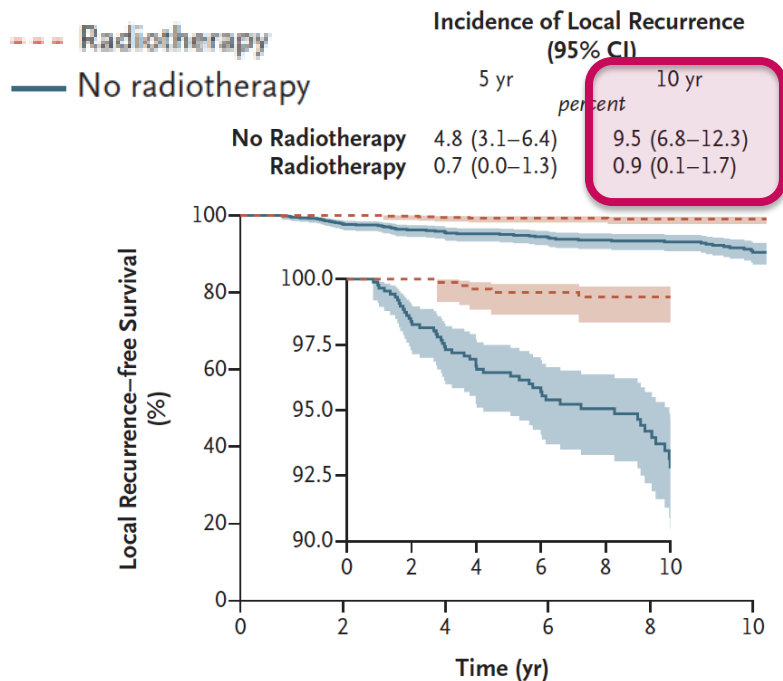
➔ Yes/No whole-breast irradiation (40 to 50 Gy)

Primary endpoint = local breast cancer recurrence.

Secondary endpoints: RR; DR; BCS; OS

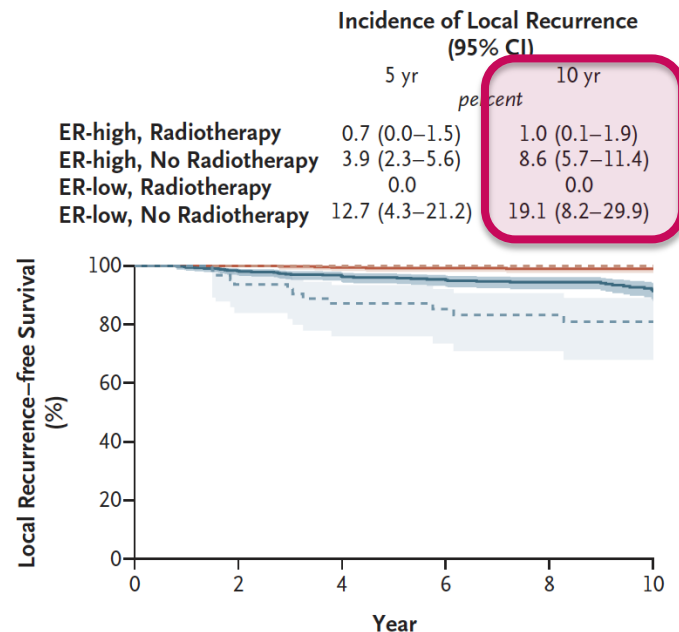
RT-omission in BC: *Less when possible*

PRIME - 2



No. at Risk

No radiotherapy	668	628	569	463	369	209
Radiotherapy	658	625	585	478	383	207



No. at Risk

ER-high, radiotherapy	603	574	537	439	356	193
ER-high, no radiotherapy	593	560	507	414	329	189
ER-low, radiotherapy	53	50	47	38	27	14
ER-low, no radiotherapy	65	59	53	42	38	19

RT-omission in BC: *Less when possible*

EDITORIAL



Overcoming Resistance — Omission of Radiotherapy for Low-Risk Breast Cancer

Alice Y. Ho, M.D., and Jennifer R. Bellon, M.D.

- Any doubt that radiotherapy cannot be omitted in women 65 years of age or older with ERpositive, early-stage breast cancer can be put to rest.
- The 10-year follow-up in the trials are extremely reassuring, given the long natural history of ER–positive breast cancer.
- These results do not undermine the value of radiotherapy in enhancing local control, which is a compelling end point in and of itself, particularly now that radiotherapy can be delivered in less burdensome ways.
- Individualizing the treatment so that it is concordant with the patient’s goals and values is critical.
- Taken together, these data will help patients navigate these complex choices so that they can make well-informed and prudent decisions for the management of their breast cancer.

RT-omission in HR+/HER2- BC: *Discussion*














LUMINA

ORIGINAL ARTICLE

Omitting Radiotherapy after Breast-Conserving Surgery in Luminal A Breast Cancer

- Prospective cohort study; women ≥ 55 years; BCS; T1N0G1-2; lum-A
- Ki-67 $\leq 13,25\%$; ER $\geq 1\%$; PR $> 20\%$
- Adjuvant endocrine therapy
- 740 registered ➔ 500 eligible patients
- After 5 years: recurrence in 2.3% (1.2-4.1%)
- Contralateral BC in 1.9%
- Any recurrence in 2.7%

Omission of Radiotherapy After Breast-Conserving Surgery for Women With Breast Cancer With Low Clinical and Genomic Risk: 5-Year Outcomes of IDEA

Reshma Jagsi, MD, DPhil^{1,2} ; Kent A. Griffith, MS² ; Eleanor E. Harris, MD³ ; Jean L. Wright, MD⁴ ; Abram Recht, MD⁵ ; Alphonse G. Taghian, MD, PhD⁶ ; Lucille Lee, MD⁷; Meena S. Moran, MD⁸ ; William Small Jr, MD⁹ ; Candice Johnstone, MD¹⁰; Asal Rahimi, MD¹¹; Gary Freedman, MD¹²; Mahvish Muzaffar, MD¹³ ; Bruce Haffty, MD¹⁴ ; Kathleen Horst, MD¹⁵; Simon N. Powell, MD, PhD¹⁶ ; Jody Sharp, BS²; Michael Sabel, MD²; Anne Schott, MD² ; and Mahmoud El-Tamer, MD¹⁶ 

DOI <https://doi.org/10.1200/JCO.23.02270>

ABSTRACT

PURPOSE Multiple studies have shown a low risk of ipsilateral breast events (IBEs) or other recurrences for selected patients age 65–70 years or older with stage I breast cancers treated with breast-conserving surgery (BCS) and endocrine therapy (ET) without adjuvant radiotherapy. We sought to evaluate whether younger postmenopausal patients could also be successfully treated without radiation therapy, adding a genomic assay to classic selection factors.

METHODS Postmenopausal patients age 50–69 years with pT1N0 unifocal invasive breast cancer with margins ≥ 2 mm after BCS whose tumors were estrogen receptor–positive, progesterone receptor–positive, and human epidermal growth factor

ACCOMPANYING CONTENT

 Appendix

 Protocol

Accepted November 3, 2023

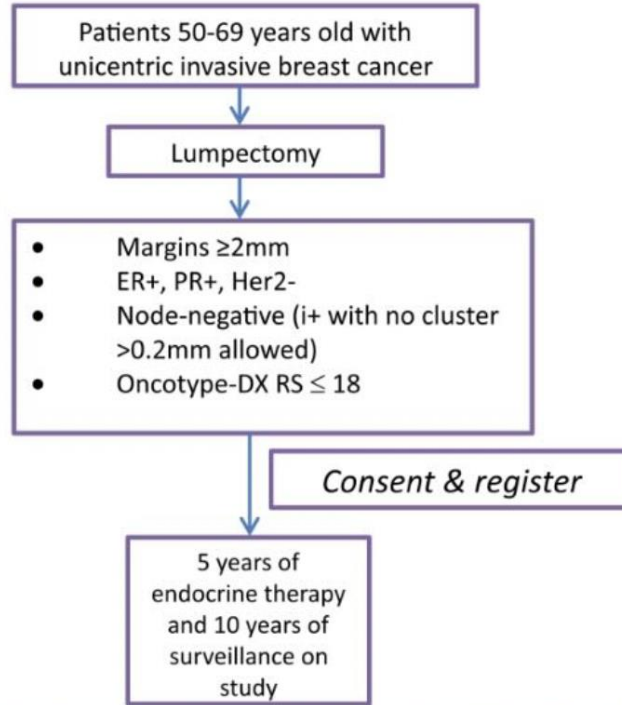
Published December 7, 2023

J Clin Oncol 00:1-9

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Clinical Oncology

RT-omission in HR+/HER2- BC: *Discussion*

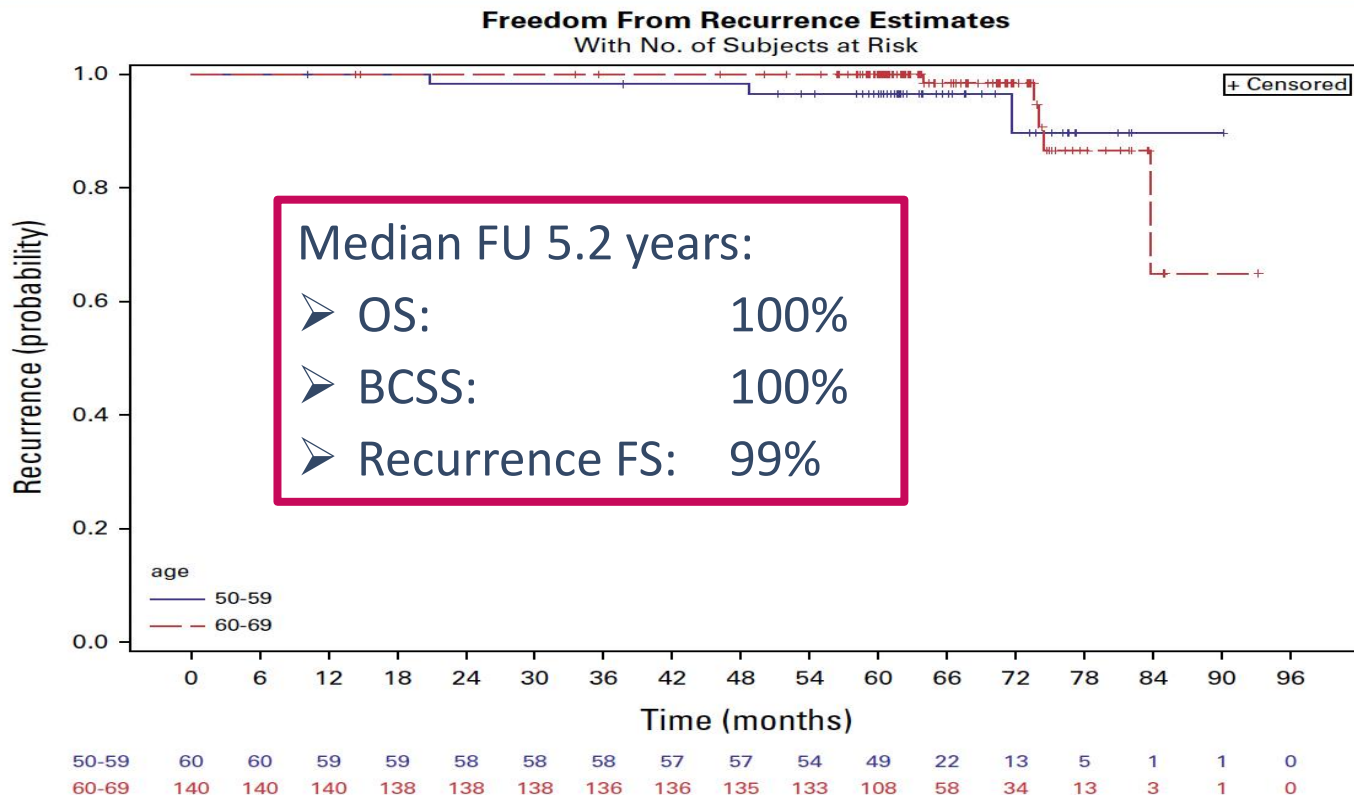
IDEA – Individualised decisions for endocrine therapy alone



- Prospective multicenter cohort trial, first to use genomic assay and consider younger post-menopausal patients (NCT02400190)
- 200 patients enrolled over 3.3 years (June 2015-October 2018) at 13 collaborating sites:
 - University of Michigan, MSKCC, Hopkins, Harvard (MGH/BIDMC), Penn, Stanford, Yale, Loyola, MCW, ECU, UTSW, CINJ/Rutgers, Northwell
- Primary analysis to be conducted 5 years after last patient enrolled completed surgery

RT-omission in HR+/HER2- BC: *Discussion*

IDEA



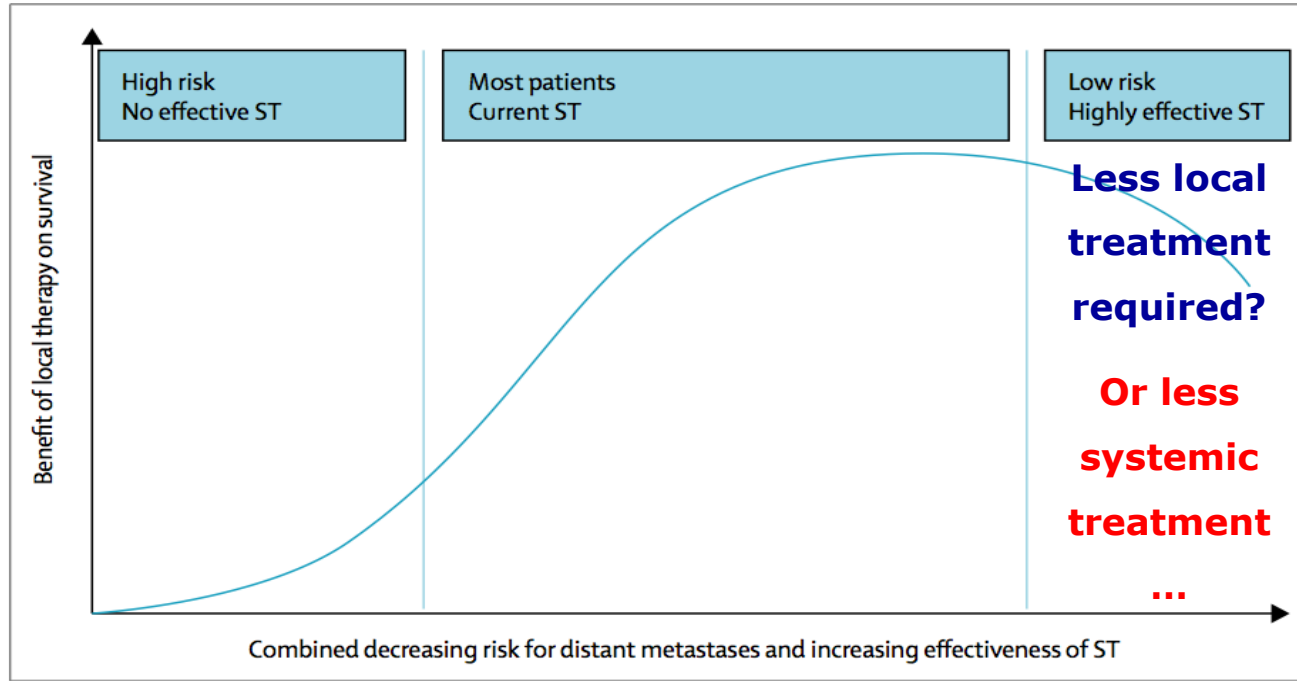
RT-omission in HR+/HER2- BC: *Discussion*

Meattini J, et al. Radiother Oncol 2024;190:110045.

Study	Design	Number of patients	Inclusion criteria	Arm 1	Arm 2	Arm 3	Primary end point
CARTE NCT 05058196	Prospective cohort	250	Female, age \geq 65 Unifocal pT1 pN0 Non-lobular histology HR+; HER2-	WBI	IORT	No RT	Patient's choice when de-escalation is proposed
DBCG RT Natural Trial NCT 03646955	Randomized, Phase III	926	Female, age \geq 60 Unicentric pT1 pN0 Non-lobular histology G1-2; ER \geq 10 %; HER2-FSM \geq 2 mm	PBI	No RT	NA	5-year invasive LR
DEBRA NCT 04852887	Randomized, Phase III	1,670	Female, age 50-70 Unicentric pT1 pN0 ER \geq 1 % or PgR \geq 1 %; HER2-Oncotype DX RS \leq 18 FSM no tumour on ink	RT (WBI or PBI) and ET	Exclusive ET	NA	5-year IBTR
EXPERT NCT 02889874	Randomized, Phase III	1,167	Female, age \geq 50 Unifocal pT1 pN0G1-2; ER \geq 10 % and PgR \geq 10 %; HER2- Prosigna PAM50 RoR \leq 60 FSM no tumour on ink	RT (WBI) and ET	Exclusive ET	NA	5-year LR
EUROPA NCT 04134598	Randomized, Phase III	926	Female, age \geq 70 Unifocal pT1 pN0Any G (pT \leq 10 mm); G1-2 (pT 11-19 mm) ER \geq 10 % and PgR \geq 10 %; HER2-; Ki67 \leq 20 % FSM no tumour on ink	Exclusive RT (WBI or PBI)	Exclusive ET	NA	2-year HRQoL 5-year IBTR
IDEA NCT 02400190	Prospective single-arm cohort	202	Female, age 50-69 Unifocal pT1 pN0ER + and PgR+; HER2-Oncotype DX RS \leq 18 FSM \geq 2 mm	Exclusive ET	NA	NA	5-year LRR
PRECISION NCT 02653755	Prospective single-arm cohort	672	Female, age 50-75 Unicentric pT1 pN0G1-2; ER \geq 10 % or PgR+; HER2- Prosigna PAM50 RoR low-risk FSM no tumour on ink	Exclusive ET	NA	NA	5-year LRR
PRIMETIME ISRCTN 41579286	Prospective single-arm cohort	2,400 ^a	Female, age \geq 60 or postmenopausal Unifocal pT1 pN0G1-2; HR+; HER2- Very low risk based on IHC4 + C FSM \geq 1 mm	Exclusive ET ^{oo}	NA	NA	5-year IBTR
REaCT-70 NCT 04921137	Randomized, Phase IV	100	Female, age \geq 70 pT1-2 pN0G1 (pT \leq 50 mm); G2 (pT \leq 30 mm); G3 (pT \leq 10 mm) ER + and/or PR+; HER2-	ET	No ET	NA	Accrual of 100 participants across 8 centres within 2 years
TOP-1 NTR 6147	Prospective single-arm cohort	1,200	Female, age \geq 70 Unilateral pT1 pN0G1-2 (pT < 10 mm); G1 (pT 10-20 mm)ER > 50 %; HER2- FSM no tumour on ink No indication for adjuvant ET	No RT	NA	NA	5-year LRR

Studies on
optimisation
for low-risk
BC patients
after breast
conserving
surgery

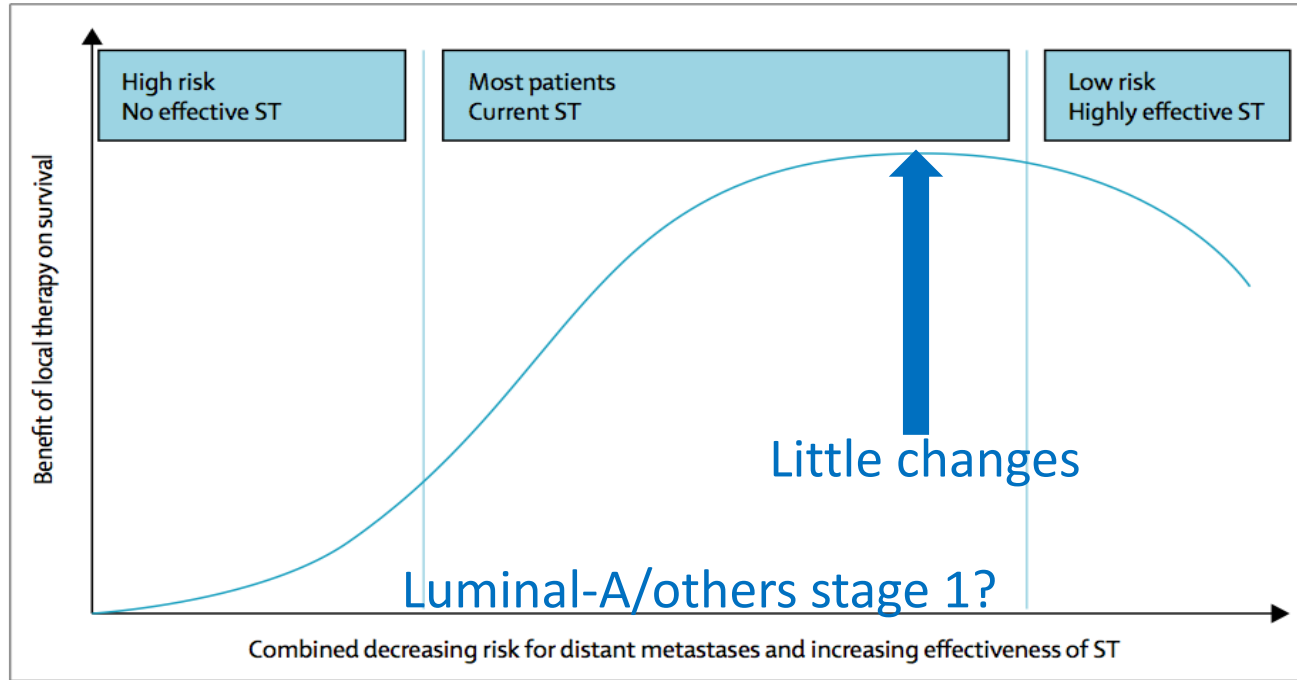
RT-omission in HR+/HER2- BC: *Discussion*



*Interaction between
systemic and
locoregional
treatments*

Figure: Combined hypothetical benefit of local tumour control on survival with increasing effectiveness of systemic therapy (ST) and decreasing risk of distant metastases of the primary tumour

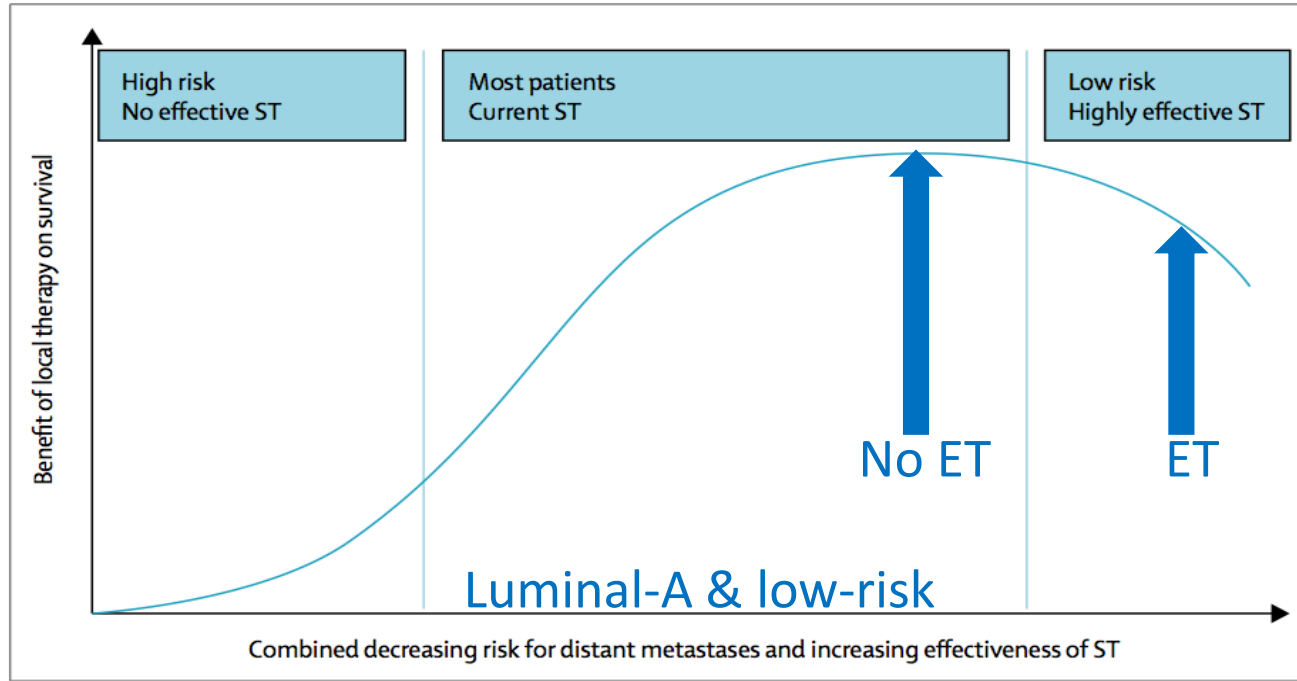
RT-omission in HR+/HER2- BC: *Discussion*



*Interaction between
systemic and
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Figure: Combined hypothetical benefit of local tumour control on survival with increasing effectiveness of systemic therapy (ST) and decreasing risk of distant metastases of the primary tumour

RT-omission in HR+/HER2- BC: *Discussion*



*Interaction between
systemic and
locoregional
treatments*

Figure: Combined hypothetical benefit of local tumour control on survival with increasing effectiveness of systemic therapy (ST) and decreasing risk of distant metastases of the primary tumour

RT-omission in HR+/HER2- BC: *Discussion*

<https://www.evidencio.com/models/show/1383>

IBTR! 2.0: 10-year Ipsilateral Breast Tumor Recurrence (with RT)

- Designed for physicians to guide medical decision-making after BCT & axillary staging
- Evidence-based estimate with vs. without WBI
- Not for post-mastectomy setting
- Not for patients with multicentric disease or in-situ only disease
- pN+ patients (excl. pNmi) ➔ systemic therapy
- Benefit of hormonal therapy based on tamoxifen + extrapolated to AI

RT-omission in HR+/HER2- BC: *Discussion*

<https://www.evidencio.com/models/show/1383>

IBTR! 2.0: 10-year Ipsilateral Breast Tumor Recurrence (with RT)

- Designed for physicians to guide medical decision-making after BCT & axillary staging
- Evidence-based estimate with vs. without WBI

Predicted RR without RT → relative risk reduction of 0.7

- Not for post-mastectomy setting
- Not for patients with multicentric disease or in-situ only disease
- pN+ patients (excl. pNmi) → systemic therapy
- Benefit of hormonal therapy based on tamoxifen + extrapolated to AI

RT-omission in HR+/HER2- BC: *Discussion*

Age

0 100

70 years

Tumor size

0.1 10

2 cm

Tumor grade

Low Intermediate High Unknown

Margin status

Positive 0-2mm >2mm Unknown

Lymphovascular Invasion

Present Absent Unknown

Chemotherapy

With Without

Tamoxifen or Aromatase inhibitor

With Without

RT-omission in HR+/HER2- BC: *Discussion*

Age

0 100

70 years

Tumor size

0.1 10

2 cm

Tumor grade

Low Intermediate High Unknown

Margin status

Positive 0-2mm >2mm Unknown

Lymphovascular Invasion

Present Absent Unknown

Chemotherapy

With Without

Tamoxifen or Aromatase inhibitor

With Without

10-Year risk of ipsilateral breast tumor recurrence with radiation therapy is:

1.8 %

**So without RT
~ 6.0%**

RT-omission in HR+/HER2- BC: *Discussion*

Age

0 100

65 years

Tumor size

0.1 10

2.2 cm

Tumor grade

Low Intermediate High Unknown

Margin status

Positive 0-2mm >2mm Unknown

Lymphovascular Invasion

Present Absent Unknown

Chemotherapy

With Without

Tamoxifen or Aromatase inhibitor

With Without

RT-omission in HR+/HER2- BC: *Discussion*

Age 65 years

Tumor size 2.2 cm

Tumor grade ☒ Low ☐ Intermediate ☐ High ☐ Unknown

Margin status ☒ Positive ☐ 0-2mm ☐ >2mm ☐ Unknown

Lymphovascular Invasion ☐ Present ☒ Absent ☐ Unknown

Chemotherapy ☐ With ☒ Without

Tamoxifen or Aromatase inhibitor ☒ With ☐ Without

10-Year risk of ipsilateral breast tumor recurrence with radiation therapy is:

3.7 %

**So without RT
~ 12.3%**

RT-omission in HR+/HER2- BC: *Discussion*

Pre-operative RT – ESTRO project

WG1, recommendations:

- Low-risk patients = criteria for partial breast irradiation
- Primary aim of preoperative PBI → reduce treatment burden:
 - Better identification CTV
 - No confounding by surgical (oncoplastic) effects
 - Excision of part of high dose volume → less fibrosis and cosmetic impact
 - Tumour down-staging → omitting surgery in selected patients

RT-omission in HR+/HER2- BC: *Discussion*

Pre-operative RT – ESTRO project

WG1, recommendations:

- Likely best 8 weeks minimum interval RT – surgery; explore up to 6 months (with evaluation by imaging @ 2-3 months)
- Fractionation to be further investigated
- **Consensus required for timing SLNB**
- Longer follow-up required: ≥ 3 years for fibrosis and cosmesis; ≥ 10 years for oncological outcomes

RT-omission in HR+/HER2- BC: *Discussion*

Table 7. Summary of ongoing clinical trials on pre-operative partial breast irradiation in early-stage breast cancer.

Trial ID, status	Title	Treatment	Primary endpoints	Secondary endpoints	Estimated completion date	primary
NCT05350722, recruiting	Single-dose Preoperative Partial Breast Irradiation in Low-risk Breast Cancer Patients (ABLATIVE-2)	Pre-operative single-dose radiation therapy (20Gy) and BCS after 12 months	Pathologic complete response	Radiologic complete response, treatment-related adverse events, quality of life, cosmetic outcome, oncologic outcomes, immune response and biomarkers	March 2025	
NCT03917498, active/not recruiting	Single Pre-Operative Radiation Therapy - With Delayed Surgery for Low-Risk Breast Cancer (SPORT-DS)	Pre-operative single-dose radiation therapy and BCS after 3 months ^a	Pathologic complete response	Radiation toxicity	February 28, 2020 (actual)	
NCT02212860, active/not recruiting	Stereotactic Image-Guided Neoadjuvant Ablative Radiation Then Lumpectomy (SIGNAL 2)	Pre-operative PBI (21 Gy or 3x 10 Gy) and BCS after 14-20 days.	Immune priming, angiogenesis, proliferation/hypoxia/apoptosis/invasion markers, toxicity	Cosmetic outcome, survival	April 2021 (actual)	
NCT04679454, recruiting	Single Fraction Preoperative Radiation therapy for Early-Stage Breast Cancer (CRYSTAL)	Pre-operative single dose radiation therapy (18 Gy, 21 Gy, 24 Gy) and BCS after 4-8 weeks	Dose escalation, pathologic complete response	Chronic toxicity, cosmetic outcome, postoperative complications, oncologic outcomes	March 2026	
NCT03909282, recruiting	Phase 2 Surgical Excision vs Neoadjuvant Radiation therapy + Delayed Surgical Excision of Ductal Carcinoma (NORDIS)	Pre-operative PBI (5x 6 Gy) and BCS after 3 months vs. upfront surgery	Rate of DCIS pathologic complete response	Wound complication, correlation of imaging characteristics and pathologic findings, rate of invasive carcinoma	September 2024	
NCT04040569, recruiting	A Phase I Dose Escalation Study of Single Fraction Pre-operative Stereotactic Partial Breast Irradiation (S-PBI) for Early Stage Breast Cancer	Pre-operative single dose radiation therapy (30 Gy, 34 Gy, 38 Gy) and BCS ^b	Dose escalation, cosmetic outcome	-	September 2024	
NCT02482376, active/not recruiting	Preoperative Single-Fraction Radiation therapy in Early-Stage Breast Cancer	Pre-operative single-dose radiation therapy (21 Gy) and BCS ^b	Physician reported cosmetic outcome	Ki-67, patient reported cosmetic outcome, gene expression, local control, circulating cell free DNA	March 2025	

BCS Breast conserving surgery PBI Partial breast irradiation ^aDose not reported ^bTiming of surgery not specified

Zamagni A, et al. ESTRO project, paper under review.

RT-omission in HR+/HER2- breast cancer

- Introduction
- Less radiation therapy
- EBCTCG 2011: impact of RT & ET
- Endocrine therapy: the ugly truth
- EUROPA trial – RT versus ET
- Discussion
- Conclusions

RT-omission in HR+/HER2- BC: *Conclusions* *Currently...*

The Breast 31 (2017) 295–302



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Original article

Over-irradiation

Philip M.P. Poortmans^{a,*}, Meritxell Arenas^b, Lorenzo Livi^c



RT-omission in HR+/HER2- BC: *Conclusions* *Uncertainties*

Patient selection:

- Patient's characteristics: age; co-morbidity; life expectancy; ...
- Tumour's parameters: size vs type vs prognostic and predictive factors

Local treatment:

- Surgery: margins; re-excision; ...
- Other local approaches: cryotherapy; RFA; SBRT; ...

Regional treatment:

- ALND → SLNB → nothing

Systemic treatment:

- Endocrine therapy – compliance & duration

RT-omission in HR+/HER2- BC: *Conclusions* *Uncertainties*

Patient selection:

- Patient's characteristics: age; co-morbidity; life expectancy; ...
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RT-omission in HR+/HER2- BC: *Conclusions* *Uncertainties*

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RT-omission in HR+/HER2- BC: *Conclusions* *Uncertainties*

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Regional treatment:

- ALND → SLNB → nothing

Systemic treatment:

- Endocrine therapy – compliance & duration

RT-omission in HR+/HER2- BC: *Conclusions*

Early stage, low risk – Dutch guidelines

Graad	Tumordiameter	N0/N0(i+)	N1mi/N1-3
Graad 1	≤ 1 cm	Groen	Oranje
	1,1-2 cm	Groen	Oranje
	2,1-5 cm	Oranje	Oranje
	> 5 cm	Oranje	Oranje
Graad 2	≤ 1 cm	Groen	Oranje
	1,1-2 cm	Oranje	Oranje
	2,1-5 cm	Oranje	Oranje
	> 5 cm	Oranje	Oranje
Graad 3	≤ 1 cm	Groen	Oranje
	1,1-2 cm	Oranje	Oranje
	2,1-5 cm	Oranje	Oranje
	> 5 cm	Oranje	Oranje

Wel endocriene therapie;

geen endocriene therapie

RT-omission in HR+/HER2- BC: *Conclusions*

Early stage, low risk

RT

Low rates of side effects
Benefit LR ++; Benefit OS \pm

5 days

120 hours

7,200 minutes

432,000 seconds

duration of treatment

ET

High rates of side effects
Benefit LR +; benefit OS \pm

5 years

60 months

1,826 days

43,828 hours

2,629,743 minutes

157,784,629 seconds

duration of treatment

RT-omission in HR+/HER2- BC: *Conclusions*



Radiotherapy and Oncology 190 (2024) 110045



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journal homepage: www.thegreenjournal.com



Omission of radiation therapy after breast-conserving surgery for biologically favourable tumours in younger patients: The wrong answer to the right question



RT-omission in HR+/HER2- BC: *Conclusions*



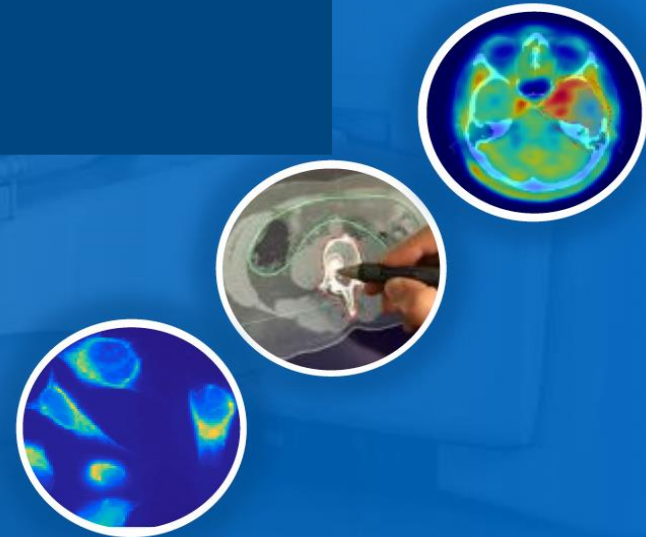
RadioOnkologie und Strahlentherapie
TUM School of Medicine and Health
Technische Universität München

IRM.  

Cost Effectiveness Analysis of Breast Cancer Radiation Therapy

Technische Universität München
School of Medicine and Health
Klinik für RadioOnkologie und Strahlentherapie
Institut für Strahlenmedizin (IRM)

05.11.2025



RT-omission in HR+/HER2- BC: *Conclusions*



SPECIAL ARTICLE

Tailoring treatment to cancer risk and patient preference: the 2025 St Gallen International Breast Cancer Consensus Statement on individualizing therapy for patients with early breast cancer

H. J. Burstein^{1*†}, G. Curigliano^{2,3†}, M. Gnant^{4,5}, S. Loibl⁶, M. M. Regan¹, S. Loi⁷, C. Denkert⁸, P. Poortmans^{9,10}, D. Cameron¹¹, B. Thurlimann¹² & W. P. Weber¹³, Panelists of the St. Gallen International Breast Cancer Consensus 2025

RT-omission in HR+/HER2- BC: *Conclusions*

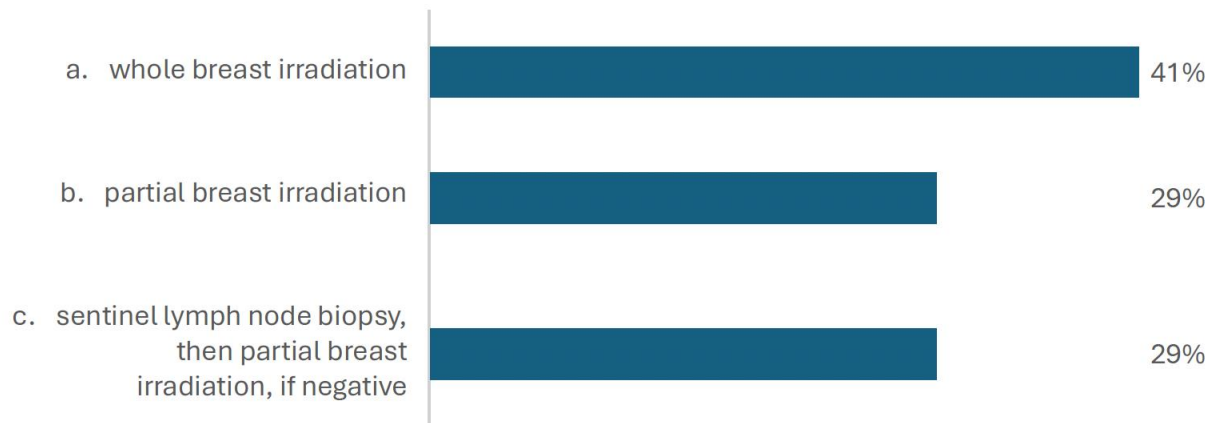


SGBCC 2025

19TH ST.GALLEN INTERNATIONAL BREAST CANCER CONFERENCE 2025

12 – 15 March 2025, Vienna / Austria

For a postmenopausal woman in her 60s who has a T1c cancer with low risk features, and a negative axillary ultrasound. You would recommend which of the following?



Total Votes : 68

N12

RT-omission in HR+/HER2- BC: *Conclusions*

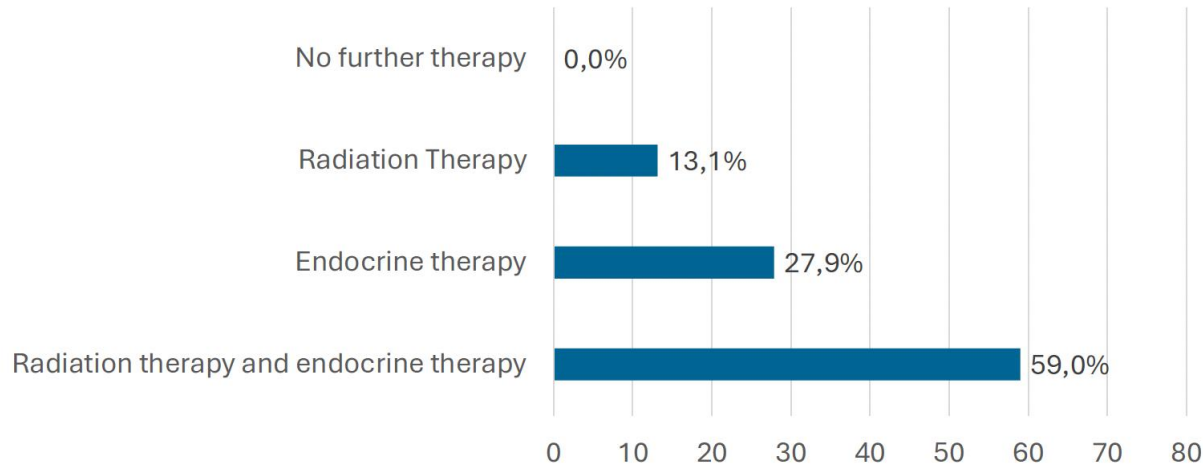


19TH ST.GALLEN INTERNATIONAL BREAST CANCER CONFERENCE 2025

12 – 15 March 2025, Vienna / Austria

submitted by
a delegate

A 70 year old woman has undergone breast conserving surgery for a 1.3 cm, grade 1-2 of 3, and strongly ER positive, PR positive breast cancer, and HER2 0 by IHC. You would recommend:



Total votes: 61

57

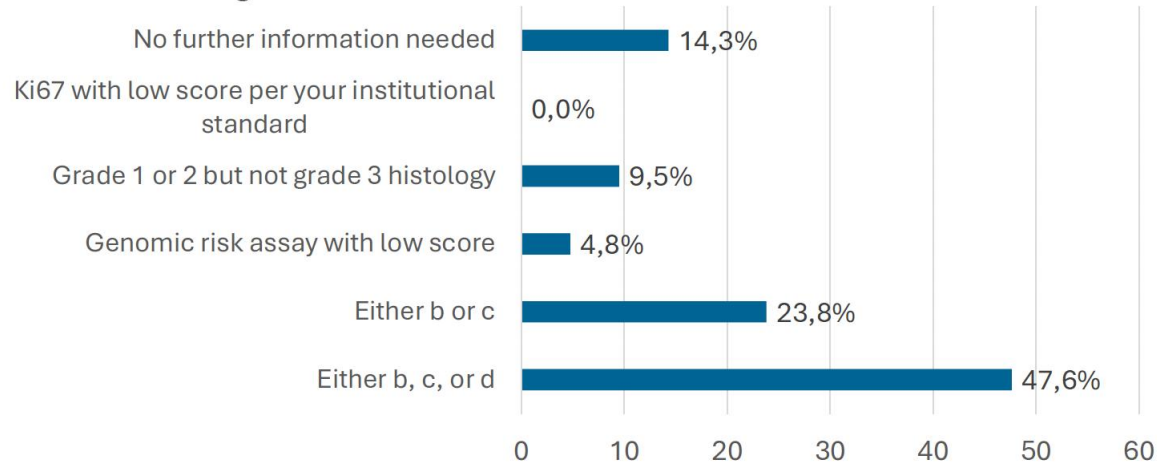
RT-omission in HR+/HER2- BC: *Conclusions*



19TH ST.GALLEN INTERNATIONAL BREAST CANCER CONFERENCE 2025

12 – 15 March 2025, Vienna / Austria

You are consulting on a vigorous 74 year old woman who has had breast surgery for an ER positive, HER2 negative tumor, stage T1cN0. Her estimated life expectancy is at least 12 years. You and she would like to proceed without radiation therapy. Before omitting radiation therapy, you would like to know the following:



Total votes: 63

58

RT-omission in HR+/HER2- BC: *Conclusions*

Early stage, low risk

Long life expectancy: - Surgery + RT

Short life expectancy: - Surgery alone
 - Endocrine alone
 - RT alone?
 - Nothing?

RT-omission in HR+/HER2- BC: *Conclusions*

Early stage, low risk

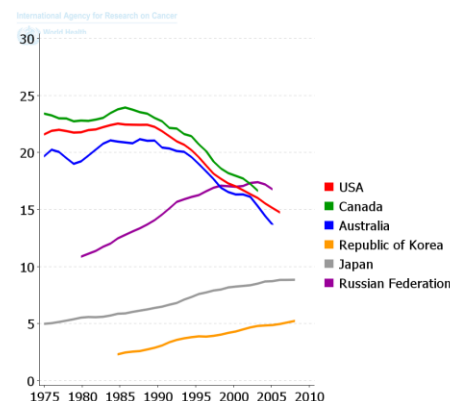
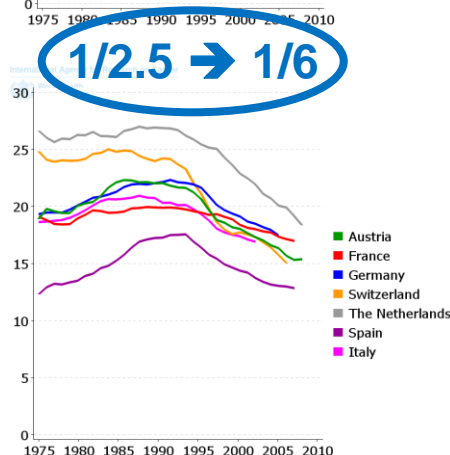
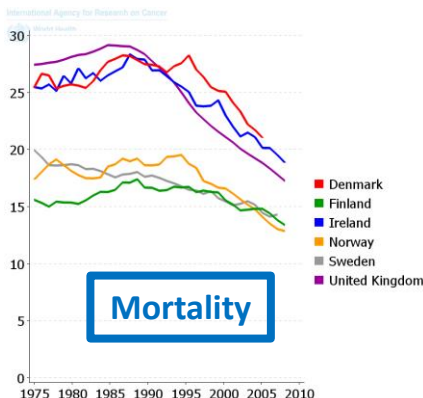
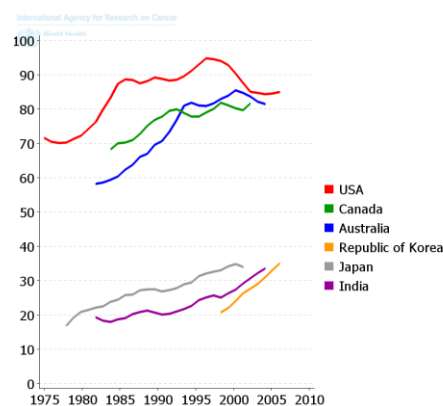
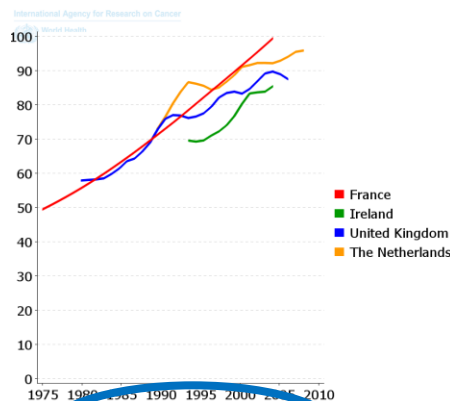
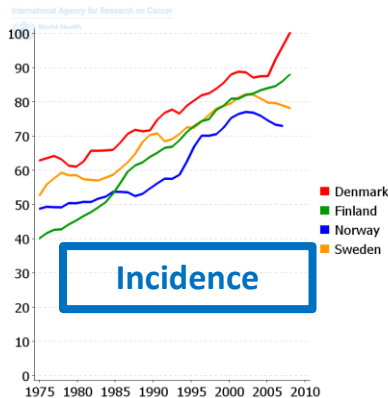
Long life expectancy: - Surgery + RT

✓ **Partial breast if feasible**

✓ **≤ 5 fractions**

RT-omission in HR+/HER2- BC: *Conclusions*

Evolution of incidence and mortality over the last 40 years



1/2.5 → 1/6

Source: Globocan, 2008. Rates shown are age-standardised rate per 100,000 using the standard world population.

RT-omission in HR+/HER2- BC: *Conclusions*



Salvador Dalí: Don Quijote de la Mancha



FUNDACION
MARIE CURIE
Córdoba - Argentina



Congreso sobre Avances Integrados en Oncología, Radiocirugía y Física Médica:
Innovación y Precisión en el tratamiento del cáncer

→ *Toma de Decisiones Compartida*



Philip Poortmans, MD, PhD

Iridium Network & Antwerp University, Antwerpen (B)



The future of cancer therapy

ESTRO

Former President



Too many to list...

... risking forgetting people...

Orit Kaidar-Person · Icro Meattini · Philip Poortmans *Editors*

Breast Cancer Radiation Therapy

A Practical Guide for Technical Applications

The book provides, in a comprehensive yet concise way, essential information to improve the knowledge and skills of all healthcare providers involved in the treatment of patients with breast cancer. The content does not focus on general information that is widely available via different sources, but on technical aspects – “hands-on” daily practices and principles of radiation oncology that are not included in other books. Drawing on information taught in courses at e.g. the ESTRO School, as well as the authors' broad clinical experience, the respective contributions reflect and share the expertise of leading experts in breast cancer radiation therapy, supported by sound data and evidence. Each chapter includes a short introduction summarizing the evidence in the literature and “pearls” (a short bullet-point summary), and is enriched by tables, figures and illustrations to provide a concise, easy-to-follow and appealing overview.

The book, containing also useful electronic supplementary material, will be of interest to a wide range of readers, including radiation oncologists, radiation technicians, medical physicists, and others involved in breast cancer care.



► [springer.com](https://www.springer.com)

Kaidar-Person · Meattini · Poortmans *Eds.*



Breast Cancer Radiation Therapy

Breast Cancer Radiation Therapy

A Practical Guide for Technical
Applications

Orit Kaidar-Person
Icro Meattini
Philip Poortmans
Editors

 Springer